

# The Tempo

## Holy Trinity Episcopal Parish

*A people passionately seeking to  
love with the heart of Christ,  
think with the mind of Christ, and  
act in the world as the Body of Christ.*



MAY 2018

### MAY CALENDAR

**Thursday, May 3** 10:30 am Eucharist  
at Downs Corley Center

#### **Sunday, May 6**

UTO SPRING OFFERING

8:00 am Holy Eucharist  
8:45 am Breakfast  
9:30 am Sunday School  
10:30 am Eucharist (no children's church)  
5:00 pm Holy Eucharist, St. Paul's

#### **Thursday, May 10**

ASCENSION THURSDAY

5:30 pm Holy Eucharist

#### **Sunday, May 13**

8:00 am Holy Eucharist  
8:45 am Breakfast  
9:30 am Sunday School  
10:30 am Holy Eucharist

#### **Saturday, May 19**

9:00 am Church grounds spring cleaning/  
setup at St. Paul's

#### **Sunday, May 20**

PENTECOST, HOMECOMING SUNDAY  
8:00 am Holy Eucharist at Holy Trinity  
10:30 am Holy Eucharist at St. Paul's  
followed by picnic in churchyard  
5:00 pm Evening Prayer, St. Paul's  
7:00 pm Vestry Meeting

#### **Friday, May 25**

5:00 pm Fourth Friday Fellowship

#### **Sunday, May 27**

TRINITY SUNDAY

8:00 am Holy Eucharist  
8:45 am Breakfast  
9:30 am Sunday School  
10:00 am Sunday School Graduation  
10:30 am Holy Eucharist/SENIOR SUNDAY

### ONGOING EVENTS

#### **Sundays**

9-9:30 am Children's Choir—Cherubs  
11:45 am Coffee Hour

**Mondays** 12 noon Women's Book Group,  
Central Library

**Tuesdays** 11 am Reflectionary Bible  
Study

#### **Wednesdays**

5:45 pm Children's Choir—Angels  
7:00 pm Choir Rehearsal

#### **Thursdays**

5:30 pm Holy Eucharist, Healing Service

#### **Saturdays**

8:00 am Holy Trinity Book Group

### Keeping the Faith: Suz's Monthly Message

My Dear Brothers and Sisters in Christ,

May is always a momentous month in our secular lives, marked by graduations and school-year wrap-ups. For some of us, especially students, this will be a month of "last times." Canterbury has already finished up for the year, and we have said thanks and farewell to three of our Canterbears. Our Episcopal Day School children are preparing to move from Blue Birds to Yellow Birds to Red Birds to kindergarten elsewhere. Our children's and youth Sunday School classes will move up the line also, including a high school senior, who will be recognized during our 10:30 am service on the 27<sup>th</sup>. Be sure to read Chloe's article for information about how we will mark those passages with our youngest disciples.

It is fitting that all of these passages take place in the context of three Principal Feasts of the Church: Ascension Day, Pentecost Day, and Trinity Sunday. The first two feasts are markers of passages experienced by the early (very early!) church in Jerusalem. The Feast of the Ascension is our remembrance of the day, traditionally celebrated forty days after Easter. We will celebrate the Ascension at our regular Thursday evening service on May 10 (with music provided by Fr. Christopher and Ann Wilkerson!), and we will hear about it again in our Scripture readings the following Sunday. The Feast of Pentecost comes ten days later (Fr. Christopher has written a fine article about Pentecost—see page 3), and we will celebrate by coming home to our Mother Church, St. Paul's. Our 10:30 am service will be held at St. Paul's, followed by a picnic in the churchyard.

Our third Principal Feast of the month comes the following Sunday, May 27: our "patronal feast", Trinity Sunday. I love thinking about the Triune God as our patronal "saint," for whom we are named and to whom we turn for inspiration. The Trinity is God's communion with God's self in three persons—a mystery to be sure! The glorious wonder of the Trinity is that we are also invited into that communion—to be part of the ongoing dance of love and light with our Creator, our Redeemer, and our Sanctifier. On that day, we will recognize the passages noted above with our Sunday School Classes during the Christian Formation time, and during the 10:30 am service we will honor our student who is graduating from high school. The final Coffee Hour of the season will feature cake and ice cream.

As the time of Eastertide slips into Ordinary Time and Summer Time, I pray that you and those whom you love will be blessed in all that you do by the grace and the love of God, our Creator, Redeemer, and Sanctifier.

Grace and peace to you, Suz+

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Holy Trinity Episcopal Parish  
193 Old Greenville Highway  
Clemson, SC 29631-1335

Phone: 864-654-5071

Fax: 864-654-5066

[www.holytrinityclemson.org](http://www.holytrinityclemson.org)

Submissions are due by the 24<sup>th</sup>  
of the month by e-mail to:

[ibbrh@bellsouth.net](mailto:ibbrh@bellsouth.net)

The Rev W. Andrew Waldo, *Bishop*

### Staff

The Rev. Suzanne Cate, *Rector*

The Rev. Christopher Wilkerson,  
*Assistant to the Rector & Campus Minister*

Chloe Cashwell, *Children & Family  
Minister and Parish Communications*

Becky Bowman, *Minister of Music*

Cynthia Spejewski, *Organist*

Wanda Campbell, *Children's Choir*

Lynne Farmer, *Parish Administrator*

Jim Hylkema, *Sexton*

Suzanne Watkins, *Day School Director*

### Vestry Members\*

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Kathy Crouse, *Junior Warden*

Rebecca Eidson, *Clerk*

Earl Burch, *Outreach*

Jack Davis, *St. Paul's*

Lori Graham, *Canterbury*

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Bill McDaniel, *Fellowship, Engagement,  
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Meredith McTigue, *Communications,  
Stewardship*

Shannon Quattlebaum, *Newcomer,  
Engagement*

(Ministry Team Assignments are in  
italics following the name.)

### WHY DO WE DO THAT?

*Why do we have a picnic in the churchyard at St. Paul's for Homecoming?*

I'm not sure when that tradition began for Holy Trinity to have a picnic at St. Paul's for homecoming, so I can't say for sure what the origins of this particular tradition might be. However, there is a more general tradition in the South of celebrating "Decoration Day" in cemeteries and churchyards. The tradition probably dates back to the time just following the Civil War, when a series of commemorations of the war dead were held in Charleston. The largest of these events was organized by former slaves and freedmen, in cooperation with white missionaries and teachers on May 1, 1865.<sup>1</sup>

During the final year of the war, the Confederates had converted the planters' horse track, the Washington Race Course and Jockey Club, into an outdoor prison. Union soldiers were kept in horrible conditions in the interior of the track; at least 257 died of exposure and disease and were hastily buried in a mass grave behind the grandstand. Some twenty-eight black workmen went to the site, re-buried the Union dead properly, and built a high fence around the cemetery.<sup>2</sup>

On May 1, 1865, thousands gathered on the field to enjoy a picnic, music, and the opportunity to remember and honor the departed.

This connection to those who have gone before, incorporating their commemoration with a shared meal and celebratory games on Decoration Day has lived on in the South for generations since. "[Folklorist Alan] Jabbour says Decoration Day becomes a way of establishing spiritual connections between present and earlier generations."<sup>3</sup> It is in this spirit that we have maintained a tradition of returning to our Mother Church, St. Paul's, each year and of celebrating our connection with our dearly departed with a picnic in the churchyard.

Last year, mostly for the pragmatic motivation of avoiding the heat of mid-June, we moved our Homecoming date to coincide with the moveable Feast of Pentecost. As mentioned elsewhere in this edition of *Tempo*, Pentecost is a celebration of the birth of the Church. It is therefore quite fitting to combine that celebration with our Homecoming. This year, the Feast of Pentecost falls on May 20, and we will have our 10:30 am Holy Eucharist at St. Paul's, followed by a picnic in the churchyard. Please join us there—wear red for Pentecost and bring a dish to share at the picnic. You might even bring flowers ("real" only please—no plastic!) to decorate a grave. Look for information under Care of People on page 4 for how you might be more involved in helping out with the picnic.

Suz+

<sup>1</sup>David W. Blight <https://zinnedproject.org/materials/the-first-decoration-day/> accessed 11:03 4/30/2018.

<sup>2</sup>Ibid.

<sup>3</sup>Paul Brown, interviewing Alan Jabbour on NPR,

<https://www.npr.org/2011/05/28/136742729/decoration-day-the-southern-way-to-honor-the-dead>, accessed 11:15 4/30/2018.

## LIMINAL SPACE: Notes from the In-Between

## Father Christopher's Monthly Message

Hello, friends!

And happy birthday!

I refer, of course, to the holy day of Pentecost, which celebrates the Holy Spirit's descending upon the Apostles and others gathered in Jerusalem for the Festival of Weeks (by a stunning coincidence, also known in the first century Greek of Hellenistic Palestine as "Pentecost"). In a very real sense, this event—the coming of the Holy Spirit to empower those who were witnesses to Christ's resurrection to share the Good news of Jesus with the whole world—does indeed mark the birth of what would become the one, holy, catholic, and apostolic Church as we know it.

So I say again, happy birthday! No small thing, this Pentecost. What exactly happened? The second chapter of *The Acts of the Apostles* describes the coming of the Holy Spirit:

“And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

“Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each.” (Acts 2:2-6)

A sound like the rush of a violent wind. Divided tongues, as of fire. These are stark, vivid images. Honestly, they're a little scary, if we stop and really try to imagine experiencing such things for ourselves. But the Holy Spirit is like that ~ unpredictable, a little strange ... and powerful.

The result in Jerusalem was that out of a literal babble (Babel?) of languages, there emerged clarity and conviction. For Peter, being filled with this Holy Spirit, began to preach to the gathered crowd: “Therefore let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified.” (v. 36)

On hearing Peter's preaching, the people were “cut to the heart” (v. 37) and asked what they should do. Peter tells them: “Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.” (vv. 38-9) And about three thousand people were baptized that day.

That's the story of how the Church came to be born, out of a sound from heaven like a violent wind, out of tongues of flame and fiery preaching. I can't help but think of the words of John the Baptizer in Matthew's Gospel: “I baptize you with water for repentance, but one who is more powerful than I is coming after me ... He will baptize you with the Holy Spirit and fire.” (Matt. 3:11)

It is the fire of the Holy Spirit that seals us, in baptism, and marks us as Christ's own forever. What can we say about the Holy Spirit, as we commemorate Pentecost? Jesus tells us in John's Gospel that “The wind\* blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” (Jn. 3:8)

\*Remember that the Greek for “wind” is the same word as the Greek for “spirit.”

The Spirit of God is unpredictable. A little strange. And powerful.

As a cradle-Episcopalian myself, I can attest that Episcopalians are often a bit uncomfortable with unpredictability, strangeness, and power.

Yet, it is the outpouring of God's Holy Spirit that created the Church, that powers her Sacraments, that makes us into one body, the Body of Christ, in this world.

If we would be open to miracles, we need to be ready for the Holy Spirit to move among us. That can be a little scary, sure ~ but just think of the possibilities!

~ C+



## CARE OF PEOPLE

*Love with the Heart of Christ*

### Mid-Week Holy Eucharist

Join us at 5:30 pm on Thursday evenings for Holy Eucharist that will include Prayers of Healing and Anointing of the Sick. All are welcome to celebrate the Eucharist together.



### Homecoming Picnic



The St. Paul's Homecoming Picnic will follow the 10:30 am service at St. Paul's on Pentecost, Sunday, May 20. We will provide burgers, dogs, buns, condiments, and beverages. Please bring a dish to share as we enjoy a picnic in the churchyard. There will be a couple of tables set up with chairs, or you can bring a blanket or lawn chairs. Wear comfortable clothes (red for Pentecost!) to church and plan for a relaxed picnic with your church family.

Travis Murphy will help with the grills. Please contact Robbie Grider or Joe Yanes if you can help with set up, grilling, serving, or clean up. This is a treasured tradition at Holy Trinity—you won't want to miss it!

### May First Sunday



Our upcoming First Sunday service will be May 6. We will not have Children's Church that morning so that families can worship together. If your child would like to be a Lector or Intercessor, please let Mother Suz or Chloe Cashwell know.



## CARE OF PEOPLE

### Highlights of Health Research\*



**Effects of Insufficient Sleep**—Nearly 73% of high-school students and almost 58% of middle-school students in 9 states indicated that they were getting less than the recommended amount of sleep. Children and adults who do not get sufficient sleep are at increased risk for obesity, diabetes mellitus, injuries, poor mental health, as well as attention and behavioral problems. *CDC Report*.

**Statins and Cardiovascular Disease**—Statins did **not** significantly decrease events due to cardiovascular disease in people 65 and older, compared with those who did not take these cholesterol-lowering drugs. *JAMA Internal Medicine*.

**Alcohol Consumption and Liver Disease**—Men who drank 31-40 grams (about 2-3 drinks) and 51-60 grams (about 4 drinks) of alcohol daily (on average) during late adolescence had a twofold and fourfold higher risk of developing severe liver disease, respectively, compared with those who never drank alcohol. *Journal of Hepatology*.

**Migraine Headaches and Cardiovascular Issues**—Migraine patients may be at greater risk for cardiovascular issues, including heart attacks, strokes, blood clots, and atrial fibrillation. *British Medical Journal*.

**Cleaning Agents and Lung Function**—Women exposed to cleaning agents at home or at work had a decrease in lung function and a higher prevalence of asthma over time. Lung function decline linked to cleaning-agent exposure was almost equivalent to smoking a pack of cigarettes daily for 20 years. *American Journal of Respiratory and Critical Care Medicine*.

**Benefits of Exercise**—1. Walking for at least 40 minutes at an average pace several times a week was associated with a 25% lower risk of heart failure. *Annual Scientific Session of the American College of Cardiology*; 2. Both smokers and non-smokers who engaged in less than one session of physical activity per week or 4 sessions per month throughout their adult lifetime were at increased risk for lung cancer. *Cancer Treatment and Research Communications*; 3. Women with high cardiovascular fitness in midlife had an 88% lower likelihood of developing dementia and were 11 years older on average at dementia onset, compared with women who had moderate cardiovascular fitness. *Neurology*.

**Healthcare More Expensive and Less Effective in US**—Analysis of data collected from 2013-2016 in 11 high-income nations showed the US spends twice as much as other wealthy countries on healthcare but had the lowest life expectancy and highest infant mortality rates. Utilization of healthcare was similar in all countries. *JAMA*.

**Vitamin D and Cancer**—A higher concentration of vitamin D in the blood was linked to a lower risk of cancer. *British Medical Journal*.

**Statins and Cardiovascular Disease**—Statins did **not** significantly decrease events due to cardiovascular disease in people 65 and older, compared with those who did not take these cholesterol-lowering drugs. *JAMA Internal Medicine*.

**Automatic External Defibrillators (AEDs) and Survival**—66 % of cardiac arrest patients whose hearts got a jolt from an AED operated by a bystander survived to discharge from the hospital (when data collection ceased), while 70% of those who did not get an AED shock died or survived with brain damage. *Circulation*.

**Burn Treatment**—Cool running water for 20 minutes was the best treatment for minor burns. *Injury Prevention*.

**Omega-3 Supplements and Heart Disease**—A meta-analysis of 10 studies found that omega-3 supplements did **not** decrease the likelihood of heart disease or vascular events in high-risk patients. *JAMA Cardiology*.

\*As reported in *ANA SmartBrief* (A regular briefing from the American Nurses Association for its members) from January 19, 2018 to April 19, 2018. Unless otherwise stated, the results below were reported by only one study during the time period given above; it is possible that similar findings may have been reported at other times. The source for each study is given following the brief report of results. All suggestions for this column are welcome at any time: [marymartof@gmail.com](mailto:marymartof@gmail.com)



## *Think with the Mind of Christ*

### Adult Formation



It's an old saying that the two topics one never discusses in public are religion and politics. It is true that these two subjects often lead quickly to disagreements. Yet, we live in a time when bitter disagreements have led to deep divisions in our communities and threaten to make it impossible for us to talk to each other at all.

Well, it doesn't have to be impossible. There are ways we can enter into fruitful conversation with anybody, no matter how deep or bitter our differences ~ and ways to stay in conversation with folks, despite and through our differences. But we may have forgotten, or may never have learned, exactly how to do so.

Please join Fr. Christopher for a three-session series (April 29–May 13) to explore some tested and effective approaches to engaging in difficult conversations, as Christians in a Covenant Community, and as witnesses out in the larger world. This brief series will also lay the foundation for some future Adult Formation offerings, so let's get trained up and ready for the exciting possibilities ahead!

### May – A Time of Transitions

The month of May is often a busy time of transitions and trying to finish up the school year. Whether your child is finishing up kindergarten, middle school, or even graduating high school, it can be difficult to slow down and savor this time of “lasts”. At Holy Trinity, we want to offer a time to stop and take stock of these wonderful transitions and celebrate the growth of our kids this year.

On Sunday, May 27, we will have a short graduation ceremony to celebrate the kids who have finished their time in one Sunday School class and will be moving up to the next class. Sunday School will begin at its normal time of 9:20 am. Each class will enjoy their final session together and then join the adults in the Parish Hall at 10:00 am. At this time, all children who will be staying in the same class for the next year will be released to their parents, and those graduating to the next class will follow their teachers to the front. We will recognize these incredible kids as they make the transition into a new Sunday School class.

During the 10:30 am service, we will also have a time of special recognition for our high school and college seniors who are graduating this year. If you are the parent of a high school or college senior, please send a brief bio and a picture of your graduate to Mtr. Suz by May 22 so that we can include him or her in the booklet honoring our seniors this year. We hope each of these will allow our parents and church as a whole to stop and take time to celebrate our children and youth and mark these rites of passage together as a parish family.

P.S. - Mark your calendars for these May events:

6 - First Sunday Service, 10:30

10 - Ascension Day Service (Thursday at 5:30 pm)

20 - Pentecost at St. Paul's with Picnic, 10:30

27 - Senior/Graduation Sunday



## E/M Questions and Answers By a Participant

### **What is E/M and who participates?**

A four-year program led by trained mentors, E/M, or Education for Ministry, is an international program developed by University of the South at Sewanee. All who want to learn more about the Bible, Christianity, and faith are welcome.

### **Is there an expectation that participants are considering church-related professions?**

E/M might be considered a focus on learning to be a minister to your personal spiritual education with the hope, of course, that as you learn, you may be able to help guide others, even if only within your family setting. There is no expectation that participants will assume any church “job” as a result of participating.

### **When do you meet? How long are the sessions?**

We meet once a week, currently on Monday nights, but we could be flexible with a meeting night if the majority needed a change. We meet from 6 pm until 8:30 pm with a short break for snacks and conversation. Each E/M year runs time wise as a public school year, August through May.

### **What are the assignments?**

First year students study the OT. Second year students study the NT. Year three students read church history, and year four students do selected readings and develop a personal theology.

### **Are you kidding me? You read the entire Bible?**

We do the first two years with a guided-reading approach. Supplemental text commentaries are extremely helpful.

### **Are there quizzes? Memory work?**

There are no quizzes, no pop-test questions, no put-you-on-the-spot inquiries. There is no memory work. In fact, we have a short prayer at the beginning of each session, and many of us have not yet memorized that prayer.

### **I can foresee I could miss a few classes because of work/home responsibilities or travels. Does that mean I cannot participate?**

We all sometimes miss class for both of those reasons or for illness. Certainly, it is expected, though, that you would be able to attend the majority of the classes.

### **So, then, all the time is spent discussing the Bible, church history, or the readings?**

Because all four-year groups meet together, it takes about an hour to share what the individual groups found compelling or interesting about the week's readings. Even within a group though, some people may, at a given session, speak up more or less than others in his/her group.

### **How do you spend the rest of the time?**

We begin each session with prayer requests followed by a prayer. An assigned person then opens the session by reading a scripture, an inspirational poem or devotion, or a favorite hymn. While part of group time is given to the various group sharing what confused, inspired, perplexed, motivated, etc., them from the week's readings, the rest of group time, with a few exceptions, is a focus on a TR, theological reflection.

### **What is a theological reflection?**

A stimulus for a TR might be a Bible verse(s), a personal experience, a current event or a church tradition. In E/M we learn a method for taking a word, a verse, an experience and drawing meaning and understanding by approaching the TR in a orderly way that helps us extract not only meaning but also insight that can serve to guide us in life experiences.

### **Is this, then, a four-YEAR commitment?**

While E/M is a four-year study, the study need not be done in four sequential years. Participants have sometimes had to take a year or two off within the sequence, and when they return, they begin where they were when they left.

*Continued on next page*





# FORMATION

(EfM Continued from Previous Page)

### Does it cost?

There is a cost for the reading materials, but there are scholarships available, if needed. If a scholarship is needed, that request can be handled privately through one of the mentors.

### What are reasons people have said they enjoyed EfM?

1. "The camaraderie of the group participants has strengthened my sense of community in our church."
2. "I have a better grasp of what I believe now."
3. "While a lifelong Christian, I had never read the Bible completely, and I found there were many things I had not known or understood."
4. "The TR's have given me an entirely new Christian approach to the understanding of issues and solutions."



Holy Trinity EfM seminars will be open for visitors on the 2nd and 3rd Mondays in April from 6 pm to 8:30 pm—we are located at the end of the 2nd floor of the Parish Hall. Contact Mel O'Day at (864) 944-6329 or email [mel@oday.net](mailto:mel@oday.net) for any questions of for further information.



# FORMATION

### New Zealand Visit

Fiona Neill visited with Zachary Jeffers on March 13 during her trip to New Zealand. Zachary continues to serve with the Episcopal Church's Young Adult Service Corps (YASC) in Mission to Seafarers. Zachary will be serving in New Zealand for a year.



### Canterbury Meals



Thank you to all those who have signed up to provide meals for the fall and this semester. The students have appreciated your home-cooked meals more than you can know! You are all so wonderful to provide meals and companionship for our Canterbears.

*Sue Smink*

### Fourth Friday Fellowship

Fourth Friday Fellowship is a relaxed gathering of church friends. Drop in any time between 5:00 and 7:00 on the fourth Friday of the month. The Parish Hall will be open. If your schedule allows, bring a snack to share and your favorite beverage. If your schedule makes that a burden, come anyway—we always manage to have enough for everyone!



Fourth Friday Fellowship will go on hiatus beginning next month. We will not meet in June or July, but we will be back in August to catch up on what's been going on with everyone over the summer.

We look forward to your participation in these wonderful ways to stay connected with and to support each other in our lives together!



# CHURCH in THE WORLD

*Act in the World as the Body of Christ*

## Haiti University Student Fundraising Dinner

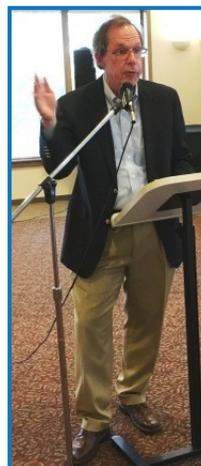
On Saturday, April 21, over 60 people enjoyed a delicious dinner prepared under the direction of our creative chef Don Campbell. During the dinner we heard from Harry Morse and Earl Burch about the impact of our mission in Haiti. As a result of this effort (before, during and after the dinner), over \$17,000 has been raised to help support the living expenses and tuition of 13 students. These students were highlighted in a power point presentation prepared by Cassandre Regnier, the granddaughter of Father Lafontant and our contact with Summits Education in Haiti. Summits is an organization which supports all levels of education in Haiti and monitors the distribution of our funds to and the progress of the students we support.

In addition to Don, Harry and Earl, we are grateful to Julie Morse for the creative decorations and to all who served as sous chefs, including Sue and John Smink, Cindy Thackham, Scooty Burch, Samantha Murphy, Will Mayo and Carolyn Wheeler. Thanks also to Peter Sparks, our sommelier, to Andy and Mel O'Day, who donated the wine, to Tommye and Bill Hurst for their help in cleaning up, and to our servers, Thames Stokes, Henry Mayo, and Ashley Crouse. A very special thanks goes to Rachel Mayo who helped organize the dinner, set up the power point presentation, and who has taken over the responsibility of managing this fund from our end.

We believe that university-level education is essential for the sustainability of the mission work and projects that the Parish has supported in Haiti for decades. When these students graduate they return to work for the betterment of their communities.

With the funds collected through this recent event we have raised just over half of is needed to support the students through this calendar year. It is not too late to donate. Please see the options on the next page. We know that we cannot change the past for our brothers and sisters in Haiti, but right now, and in this place, we can continue to change their future. Bless all of you who have given or will give in so many ways. Because of you Holy Trinity continues in the example of our Lord by serving the least of these.

*Hap Wheeler*



*(Continued on next page)*



## CHURCH in THE WORLD

### Haiti University Student Fundraising Dinner continued

#### Donation options:

- By check at any time in the offertory plate or at the office: Please make out the check to Holy Trinity and put *Haiti University Student Fund* in the memo line.
- On line via credit card or bank transfer: Direct address is <http://bit.ly/2pTD2wF> OR
- Via the Holy Trinity website at [www.holytrinityclemson.org](http://www.holytrinityclemson.org). Pull down "Giving" and click on "Secure online giving." Click on "Haiti University Student Support" and proceed. If you wish to set up a periodic donation via bank transfer, please click on "Create Profile".

Please note that these donations will not appear on your giving statement from Holy Trinity. Please track them separately for tax purposes.

Thank you for supporting our mission to these students!



### Cardboard Box City: Sleeping for a Cause

Family Promise of Pickens County's 3rd *Cardboard Box City Sleeping for a Cause* is May 18-19 Gateway Park, 340 Old Greenville Highway, Clemson. The purpose of this event is to raise community awareness of homelessness. Event sponsorships, individual and group sponsorships are available. Each individual or group who signs up for Box Lot Rentals reserves a 10ft by 10ft box lot and pledges to raise \$500 that will provide funds to sustain Family Promise of Pickens County. Calling on all Youth Groups, Scout Troops, Academic Clubs, Art Clubs and Other.

Checks payable to Family Promise of Pickens County or FPOPC, note CBC 2018 in the memo line. Please visit our website: [www.familypromisepickens.org](http://www.familypromisepickens.org) for complete details on the event and how you can show solidarity with our neighbors. Or contact Liz Halpin 864-654-5230 or [ehalpin59@gmail.com](mailto:ehalpin59@gmail.com). Let's make a difference!





# CHURCH in THE WORLD

## Ben's Honor Flight

Honor Flight Upstate SC is a non-profit, volunteer-based program that is dedicated to honoring our veterans and the sacrifices they have made to keep our nation safe and our people free. They honor and support these heroes by offering a program that flies our World War II and Korean War veterans to Washington, DC, to see the memorials built in their honor and to experience recognition for their service that literally saved the world.

Fellow parishioner Col. Ben Skardon was on the honor flight on Saturday, April 28, 2018. They left GSP early in the morning and spent the day in DC visiting the WWII memorial, Vietnam Memorial, Korean Memorial, Air Force Memorial, Iwo Jima Memorial, and Arlington National Cemetery. Typically, members of Congress meet the planes at the airport or at the WWII memorial. Ben's daughter, Charlotte, was be his guardian for that day.

They returned to GSP around 9 pm and Holy Trinity gave Col. Skardon a wonderful welcome! It was an event to remember! Parishioners wore their red, white, and blue, displayed home-made signs, and happily joined in the festivities!





# CHURCH in THE WORLD

## Family Promise



Holy Trinity, along with our support church University Lutheran, hosted Family Promise guests April 8<sup>th</sup> -15<sup>th</sup>. The week was a busy and a very meaningful week with our guests.

We received this thank you note from our guests. Please help us make a difference. Volunteers are the heart and soul of Family Promise.

*Liz Halpin*



To Holy Trinity,  
 thank you all  
 for your amazing  
 friendship &  
 comfort! you  
 are all very  
 much a blessing  
 to my family!  
 Thanks for an awesome  
 week.  
 Danielle W  
 & kids



## In Memory of Pat Geldard

*From Case Manager Jo Ann Brink\**

Pat Geldard, one of our founding coordinators, died unexpectedly on January 17, 2018. Pat was instrumental in getting *Family Promise of Pickens County* established and served as a leader at her congregation, Holy Trinity Episcopal. Pat was a quiet spirit who accomplished so much to help others and make our community a better place. Her commitment to *Family Promise* and our guests was unwavering and profound and her impact will be long lasting. We asked her family to offer their thoughts on Pat's service.

*From her children: Kathleen, Stephen, Amy Geldard*

The best way to find yourself is to lose yourself in the service to others.

Mahatma Gandhi

This is a quote we found in our mother's hand and placed in a few different files, including quotes that she loved. Our mother lived her life devout in her faith and in her conviction in the importance of helping others.

When she retired from her profession as a speech therapist and had more time to volunteer at her church, she wanted to find a way to combine her devotion to charitable causes and to her faith and church. The mission and ideals of *Family Promise* fulfilled our mother's desires, and she worked to help create the chapter that is currently in rotation at Holy Trinity Episcopal Church.

Opened in the summer of 2014, *Family Promise's* commitment to helping homeless families find stability in shelter, meals and regaining independence resonated strongly with her own beliefs. She wanted to not just meet the families' physical needs but also to care for them in mind and spirit. She believed that when the physical needs and sources of stress are relieved, it can open hearts and minds to more opportunities, possibilities and other positive changes.

\*This memoriam appeared in the April, 2018, edition of the *Family Promise Newsletter*.



# CHURCH in THE WORLD

## EPISCOPAL DAY SCHOOL

Last month was very exciting and full of discovery at the Day School! The children enjoyed Rocket Launching Experiments with Dr. Cynthia Deaton and Dr. Ben Deaton, Yoga Day provided by Lauren George of Clemson Fitness Company, Science Explorations provided by Dr. Sandra Linder and her Clemson University students, a field trip to the SC Botanical Garden hosted by Paul Russell, and Music Week with special presenters Katie Dante, Anne Wilkerson, Brandon Turner and Suzette Andrus.

Thank you to everyone who purchased Spring Basket plants from the Day School! The plants will be ready to pick up on May 3, 2018. If you placed an order, please pick up your plants as soon as possible.

The Day School will be having its end of the year Closing Ceremony on Friday, June 1, 2018 at 9:00 am in the Parish Hall. We welcome you to come hear them sing their program of songs and watch 4K Red Bird Graduation. This will also be the last day of school for the 2017–2018 school year.

The first full day of school for the 2018–2019 School Year will be August 21<sup>st</sup>. Please visit the website at <http://www.holytrinityclemson.org/episcopal-day-school/> or call Suzanne Watkins at (864) 654-0298 for information about enrollment.

*Suzanne Watkins*  
Episcopal Day School Director





## CHURCH in THE WORLD

### Founder's Day at St. Paul's

Over 70 persons attended Alpha Gamma Rho Fraternity's annual commemoration of Clemson University's Founder's Day at 5 pm on Wednesday, April 4. The special guest speaker was Dr. George R. Askew, Jr. who is Vice President for Public Service and Agriculture and Dean of the College of Agriculture, Forestry and Life Sciences. Also in attendance was Clemson University Trustee Dr. Louis Lynn.



Dr. Askew reflected on how Thomas Clemson's "one great desire" is being fulfilled on the 130th anniversary of his passing. Katherine Armstrong (violinist) and Laura Mackay Jordan (flutist) performed "Carolina Forever," a musical piece written by Thomas Clemson. Guests were invited to process, following a bagpiper, to the gravesite where a wreath was put between Mr. and Mrs. Clemson's graves.





## CHURCH in THE WORLD

### Be Sure to Get your Fantastic Coffee!

Perhaps the best quality and certainly best tasting fresh coffee available anywhere in the Upstate is Singing Rooster fair-trade Haitian Mountain Blue. Grown on the volcanic mountainsides in rural Haiti and currently under cultivation in our villages of Bois Joli and Morne Michel, high quality and exceptional taste are their hallmark. Drink up and enjoy this great coffee. Remember that 70% of the proceeds from each sale go directly back to Haiti. Of each \$10 purchase only \$3 goes toward processing, shipping, and handling while \$4 goes directly back to the farmers and \$3 goes to support our Education programs in Cange and surrounding villages. Available in whole bean or ground, French, Vienna, or decaf. Also available as Cange Kups!!



Visit our website: <http://www.singingrooster.org/cange/>.



In addition, new this year is gourmet Haitian chocolate in Pure Dark, Lemon Ginger, Orange Crunch, and Peanut Butter Maringa!! Look for a member of our Outreach Committee Singing Rooster sales force (Phil Maiberger, Glen Quattlebaum, Rachael Mayo, & Harry Morse) after the 8 am or 10:30 am service in the Parish Hall.

### UTO—United Thank Offering

UTO was established in 1889 as the United Offering by the Women's Auxiliary to the Board of Missions and was primarily used to support the work of women missionaries and expansion of the church. In 1907, the United Offering supported 164 women missionaries. That emphasis has broadened to include all people of the church and all areas of the church's work.



The UTO spring offering is coming up on May 6<sup>th</sup>. Please be using your blue boxes. To be part of this ministry, first: offer thanks and prayers as a part of your daily life in Christ, then: put an offering in your UTO blue box and bring your offering in during the ingathering. This will join your offering with others to support mission projects at home and around the world. There are envelopes in the Narthex in which to put your offering.

### Produce Rx

The Clemson Free Clinic is launching a brand new "Produce Rx" program, a three-year pilot designed to provide fresh fruits and vegetables, as well as education about healthy food preparation and proper storage, to patients of the Clemson Free Clinic. We Need Your Support!



Education is an important component of this program, so Leadership Clemson has set a goal is to raise \$2,500 to pay for the educational supplies and materials associated with the three-year pilot. If you are interested in supporting the "Produce RX" program at the Clemson Free Clinic, checks can be made payable to the Clemson Community Foundation. Please include "Clemson Free Clinic Produce RX" in the memo line. Or, donate online at [www.ClemsonCommunityFoundation.org/LC18](http://www.ClemsonCommunityFoundation.org/LC18). The fundraising campaign runs from April 1 - May 1, 2018. (Donations after this time will probably still be accepted.)



# ADMINISTRATIVE

## Work at St. Paul's Nearing Completion

The walls with the tablets are now being stripped and painted. Once that is done, the area around the lettering above the altar area will be carefully hand painted in order to retain the original writing.



## St. Paul's Back Wall Left Natural

The St. Paul's Committee recommend to leave the back wall from the ceiling in the balcony down to the wainscoting in its natural state (except that the wood will be sealed with a sealant).

*These walls were left unpainted to showcase the quality of workmanship ca. 1822. -2018-*

Also included in the motion was that a plaque be put on the back wall telling why it is being left in a natural state. After much deliberation, the wording shown in the picture below was chosen. The 6" x 3" plaque will have black "infused" etched lettering and will be coated to preserve the brass. (It should only be cleaned with Windex, *i.e.* not polished.) The plaque should be ready in a couple of weeks.

## Publication Submission Deadlines

If you are interested in contributing content for the weekly *HT Notes* publication and the *Bulletin* announcements, please have submissions to Chloe Cashwell by 5:00 pm each Wednesday. *HT Notes* submissions should be emailed to Chloe at [ccashwell@holyltrinityclemsn.org](mailto:ccashwell@holyltrinityclemsn.org).

If you wish to add to the monthly *TEMPO* newsletter, please have submissions to Iris Reed by 8:00 pm on the 24<sup>th</sup> of each month. *TEMPO* submissions should be emailed to Iris at [ibbrh@bellsouth.net](mailto:ibbrh@bellsouth.net).



\*\*Check out our website calendar for recurring weekly events\*\*

<http://www.holytrinityclemsn.org/calendar/>



# ADMINISTRATIVE

## Upcoming Highway 93 Construction

Many of you may have heard that Highway 93/Walter T. Cox Blvd./Old Greenville Highway (the road in front of the church) is going to soon begin a bit of a facelift. According to the University website, they will close portions of the road in segments while they upgrade the electrical infrastructure and chilled water lines for increased reliability to campus and to serve current and future campus utility demands.

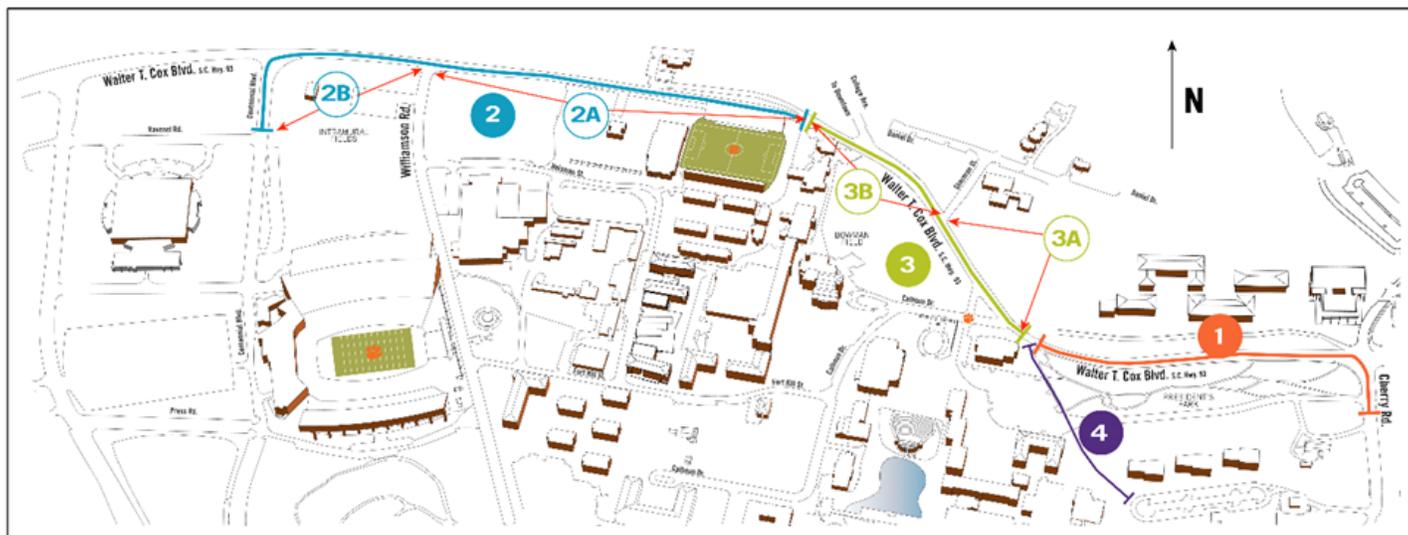
The intersection of College Ave./Highway 93 will be affected from May 12 through August 3. During this time, you may have to approach the church either via Addison Lane off of College Ave. or up 93 from the direction of Perimeter Road. This time frame affects the ending of the Episcopal Day School’s school year.

The section directly in front of the church will be affected Mid-July through August 12. During this time, you may have to access the church via College Ave. and Addison Lane.

During all parts of the construction process, please allow for extra time driving in this area. Pay attention to all construction signs and detour markers. The Buildings and Grounds ministry team will post signage as needed on our property indicating any changed traffic patterns. Updates will be communicated via the church website, the Holy Trinity Facebook site, Sunday *Bulletins*, and upcoming *Tempo* articles.

The best place to go for information (from what I have found) is the University website:

<https://blogs.clemson.edu/inside-clemson/inside-news/hwy-93-to-undergo-long-term-construction-starting-april-15/>



- SEGMENT 1** – Mid-April through Aug. 1, 2018
- SEGMENT 2** – **2A:** Mid-July through Aug. 12, 2018; **2B:** Nov. 25 through March 2019
- SEGMENT 3** – May 12, 2018 through Aug. 3, 2018
- SEGMENT 4** – April 9 through May 9, 2018

*Dates listed above are subject to change due to weather delays or unforeseen conditions.*

**Altar Flower Sign-Ups**



We have some blank spaces available for flower donations. If you have a special date coming up and would like to donate the altar flowers in celebration of an anniversary, thanksgiving for a friend, or in memory of a loved one, please fill out the notebook in the Narthex.

**Coffee Hour**



Thank you to everyone who responded to my request and signed up! All of the spots for the remaining coffee hours until summer have been filled. Coffee Hour ends May 27.

*Cindy Thackham*

**MAY BIRTHDAYS**

5/1	Larry Bowman	5/16	Glen Quattlebaum
5/1	Thames Stokes	5/17	Phil Maiberger
5/1	Frances Wales	5/18	Scooty Burch
5/3	Becky Bowman	5/18	Cameron Farish
5/3	Cynthia Spejewski	5/18	Carol Luke
5/5	Gen Colcolough	5/19	Marie McMahan
5/6	Elizabeth Halpin	5/20	Philip Gildersleeve
5/7	Holden Culler	5/20	Alden Valentine
5/7	Emily Erwin	5/21	Bill McDaniel
5/9	Heather Dunn	5/23	Lynn Luszcz
5/9	James Spencer	5/24	PJ Nielubowicz
5/10	Kenneth Mobbs	5/24	Rachel Rowe
5/10	Julie Morse	5/25	Martha Green
5/10	David Vaughn	5/27	Cynthia Burington
5/11	Madeline Smink	5/27	Mel O'Day
5/12	Michele Cauley	5/28	Ashley Crouse
5/12	Jennifer Ellison	5/31	Sunny Hamill
5/14	Barbara Armstrong	5/31	Mims Catherine McTigue



May Birth Flower:  
*Hawthorn*



May Birthstone:  
*Emerald*

**Operating Fund**

**Financial Update as of April 30, 2018**

	<b>Monthly Budget</b>	<b>Monthly Actual</b>	<b>Budget YTD</b>	<b>Actual YTD</b>
Income	\$43,883.00	\$48,839.49	\$175,532.00	\$185,623.03
Expenses	<u>\$43,884.00</u>	<u>\$39,188.33</u>	<u>\$175,535.00</u>	<u>\$173,571.72</u>
Income +/-Expense	<b>(\$1.00)</b>	\$ 9,651.16	<b>(\$3.00)</b>	\$12,051.31

**Trinity Place Fund**

**Phase II-Prism Pledge Offerings**

July 1, 2011-----June 30, 2016

Amount Pledged \$735,600.00  
 Offerings received as of April 30, 2018 - **\$845,124.66**  
 + \$ 109,524.66

**The Walls Campaign**

Amount Pledged \$171,945.00  
 Offerings received as of April 30, 2018 - **\$162,077.42**  
 \$ 9,867.58

FCB Notes Payable as of April 30, 2018 \$613,785.96