The Tempo

Holy Trinity Episcopal Church

A people passionately seeking to love with the heart of Christ, think with the mind of Christ, and act in the world as the Body of Christ.

AUGUST CALENDAR

Sunday, August 4

FIRST SUNDAY SERVICE 8:00 am Holy Eucharist, Rite I 10:30 am Holy Eucharist, Rite II 5:00 pm Holy Eucharist, St. Paul's Sunday, August 11 8:00 am Holy Eucharist, Rite I 9:15 am EM Training/Nave 10:30 am Holy Eucharist, Rite II Sunday, August 18 8:00 am Holy Eucharist, Rite I Backpack Blessing Holy Eucharist, Rite II 10:30 am **Backpack Blessing** 5:00 pm Evening Prayer, St. Paul's 7:00 pm Vestry Meeting Monday, August 19 6:00 pm EfM begins Wednesday, August 21 6:00 pm Canterbury begins Saturday, August 24 8-12 noon Grace Episcopal Church Yard Sale Sunday, August 25 RALLY DAY 8:00 am Holy Eucharist, Rite I 9:40 am Acolyte Training 9:15-10:15 Rally Day Activities 10:30 am Holy Eucharist, Rite II Sunday, September 1 No Sunday School No First Sunday Lunch Monday, September 2 Labor Day, Church Office Closed **ONGOING EVENTS** Sundays 11:45 am Lemonade on the Lawn Mondays Facebook online prayer 9:00 am Tuesdays 11:00 am Reflectionary Bible Study Wednesdays 7:00 pm Adult Choir Rehearsal

 Thursdays

 10:30 am
 HE at Corley Center, Downs (First Thursday only)

 5:30 pm
 Holy Eucharist, Healing



AUGUST 2019

KEEPING THE FAITH: SUZ'S MONTHLY MESSAGE

My Dear Brothers and Sisters in Christ,

Many of you have asked about my recent time in Sewanee. It's always wonderful to be back there—Will and I have so many memories of Sewanee: our first date at Shenanigans, the local sandwich shop; riding our bikes all over the Domain; and always the great pleasure of running into old friends (which happens almost the minute we arrive). Of course, I spent most of my time up there this summer reading, reading, and reading some more! The first week was pretty rough as I rediscovered the challenge and the joy of dense theological texts! A part of my brain that had fallen asleep during the past seven years of very active ministry has been reawakened, and that is perhaps the best outcome of my time on The Mountain.

The Doctor of Ministry degree that I'm working on is designed to develop practical applications for enhanced ministry—it is not an academic PhD program. I am working on a general track, meaning there isn't a specialized focus on Liturgy or Preaching, which means I'm able to choose coursework that I think will result in my becoming a more well-rounded and equipped pastor and priest. You may recall that I took two classes: *Modern Anglican Theologians* and *The Pastor and Spiritual Formation*. Both were quite relevant to the ministry of this parish priest, and I look forward to sharing with you the benefits of each. I'm currently working on wrapping up my course work. I'm writing a paper on sin (which is proving to be an immensely interesting subject). I'll share that work with you in some fashion when it is completed. I'm also working on a spiritual formation project that isn't quite "speech-ripe" yet, but I will share the fruits of that labor with you, as well.

And now the summer is drawing to a close, and we'll soon be back in the swing of breakfast, Sunday School, and other church events. I hope that you are all able to find a few more fun, relaxing summertime moments to carry you through the last few days before school starts and the pace of daily life picks up again. Here in the church office, we've been getting ready for the startup of a new program year: getting dates set on the calendar for Blessing of the Backpacks, Rally Day, and the start of Sunday School in September. We've been coordinating with ministry teams to support their work of loving with the heart of Christ, thinking with the mind of Christ and acting in the world as the Body of Christ. The Vestry has been working on moving forward with improvements to Trinity Place, which you'll read more about on page 15 in this edition of *Tempo*. The Nave Committee has been busy as well (although their concern is not Project Bat Mitigation—that has been the work of the Wardens and your hardworking office staff and sexton!). I expect you'll be hearing from the Nave Committee soon about their work.

So, stay tuned—this is going to be a big year in the life of Holy Trinity Episcopal Church! And, we hope, bat free.

Grace and peace to you all, Suz+

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Holy Trinity Episcopal Church

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 $\begin{array}{l} \text{Submissions are due } \underline{\text{no later than}} \\ 24^{\text{th}} \text{ of the month by e-mail to:} \\ \underline{\text{ibbrh@bellsouth.net}} \end{array}$

The Rev W. Andrew Waldo, Bishop

Staff

The Rev. Suzanne Cate, Rector The Rev. Christopher Wilkerson, Assistant to Rector, Campus Minister Becky Bowman, Minister of Music Cynthia Spejewski, Organist Leah Durham, Children's Choir Director Lynne Farmer, Parish Administrator Kara Gold Hollandsworth, Secretary Jim Hylkema, Sexton Suzanne Watkins, Day School Director

Vestry Members*

Hap Wheeler, Senior Warden Bill Hurst, Junior Warden Rebecca Eidson, Clerk Bob Taylor, Treasurer

Amy Agosti, Communications Earl Burch, Outreach Lori Graham, Canterbury Bob Green, Adult Formation Kathy Hunter, Pastoral Care Cary Kaye, EDS Board Sarah Maiberger, Family Ministry Bill McDaniel, Stewardship Samantha Murphy, Worship Bill Purkerson, St. Paul's Shannon Quattlebaum, Engagement Joe Yanes, filling Tommye Hurst's term

*Ministry Team Assignments are in italics following the name.

WHY DO WE DO THAT?

Why do we have ribbons in our Prayer Books and Hymnals?

On Sunday mornings we gather together to meet the Risen Lord in a little piece of bread broken from a loaf and a small sip of wine. That's why we come to church—we could say prayers in our own homes and watch or listen to a sermon online. But it is only in coming to church that we can come to the altar and offer ourselves—our souls and bodies—in exchange for the most precious body and blood of our Lord, Jesus Christ. We have the opportunity to be fed physically and spiritually by this "wondrous love" and to be "changed from glory to glory." It is a free gift, but one that is most effectively received with a bit of preparation. And that is why we have ribbons in our Prayer Books and Hymnals!

Coming into the church, whether it's perfectly hushed or all bustling with others arriving, with a few minutes to get settled and prepare can make a tremendous difference to what follows. (I know, I know that sometimes life conspires to slow you down on Sunday mornings!) A moment to close your eyes and thank God for the gift of worship can bring that rush-to-church blood pressure down. Taking another moment with the service bulletin to use the ribbon markers to locate the service music and hymns in the hymnal will decrease the scramble to find your place when the organ starts playing. Marking the beginning of the service, the Creed, the prayer form for the Prayers of the People, and the Eucharistic prayer will help you move smoothly from one part of the service to the next. But most importantly, as you develop the habit of getting familiar with the service that is about to unfold, the graces of liturgical worship begin to work their way ever more deeply into the pathways of your heart. You are reminded, "Ah, yes. This is our song of praise. Oh, look—we're using seasonal prayers for the Prayers of the People. How will they reflect the themes of Advent?" And so forth.

One more moment just to be still before we all stand for the procession of the altar party. A moment to gaze at the rose window above the altar, noticing the stars that surround Jesus, or to close your eyes and let your senses rest before they engage with the liturgy. A moment to turn your focus to God, to whom we offer our worship, and let your heart, your mind, and your body turn to God in adoration. A moment to think back on the week past and consider those things "done and left undone" that you want to amend, and the ways in which you want to lead a new life. And when the procession starts, you use that first ribbon to take you straight to the right page in the Prayer Book or Hymnal with a silent thank you to the Episcopal Church Women who lovingly created those ribbon markers and placed them in the book you're holding in your hand. "The hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him." (John 4:23)



Father Christopher's Monthly Message

Hello, Friends!

I have a number of friends whom I only know through social media. One of them, it turns out, will be heading off to seminary this fall. The other day, he posted that up until very recently, he'd been looking forward excitedly to seminary, but suddenly the whole prospect was beginning to freak him out. I replied with some words of encouragement that became the basis for the following reflection:

The hard thing about going off to seminary — for me — was that I was acutely aware that my time in seminary was meant to be, was *going* to be, transformative. So I went in expecting transformation, wanting it … but at the same time, I also actually liked me, the way I was, pretty well. It seemed like an irreconcilable tension: how does one seek and pursue transformation … without changing at all?

But the wonderful thing about my time in seminary was that, basic logic notwithstanding, I came out the other side transformed indeed, and yet more myself than ever. Best not to try too hard to puzzle that one out. It can't really be fully explained; it had to be experienced.

On that note, I should say that parts of the experience were, of course, not as life-changing as others. But parts of it were incredibly powerful—absolutely transformative. And the training has served me surprisingly well in my first three years of ordained ministry. Bonus.

Here's the thing: God will be with you, like it or not.

Now, here's the nitty-gritty: what I really discovered was that I had to be all-in. Seminary was one thing I couldn't really do half-way. And I'm not talking about the classes and papers. Yes, the classes required a *lot* of effort. And yes, my classmates and I in that first year were frequently reminded by the seniors that "done is better than good"; it was a form of pastoral care, to make sure we didn't burn out or go crazy. But that's not what I'm talking about, in terms of being all-in. I'm talking about the soul-baring, the wrenching yourself open to the Spirit, stuff. The praying, the worship, the repentance, confession, and absolution. The deep, heartfelt yearning after God. Once I really and truly decided to be all-in, that made all the difference.

I would definitely say that every word of the above hold true for my time thus far here at Holy Trinity, worshipping and ministering and crying and laughing and loving and living among this incredible community of Christ-believers seeking to follow The Way. So I wanted to share that reflection with you all as a way in to talking briefly about the upcoming start of our next program year, which kicks into gear this month. My prayer is that God will continue to lead us closer together, closer to God, closer to lives of faith that are ever more fully *all-in*.





BLESSING OF THE BACKPACKS

The children of Holy Trinity are invited to bring their backpacks to church on Sunday, August 18, for the annual Blessing of the Backpacks. We will offer special prayers for all students and bless their backpacks for the new school year. The Blessing will be offered at both services that morning. We will also be collecting backpacks and school supplies for the children at the Helping Hands Shelter for Children in Pendleton. Please bring donations and place them in the blue bin in the Parish Hall before August 18.



A POSITIVE APPROACH TO AGING AND DEMENTIA CARE

Want to learn more about normal aging and what will help when caring for loved ones living with dementia? Check out the DVDs from the bookshelf in the Parish Office through Kara Hollandsworth. This 2-DVD series offers timely information by a leading expert in the field of dementia care, Teepa Snow. Watch all of the segments on the DVDs or just some. Either way, you are guaranteed to learn.

And this is not just for seniors! No fooling, we all get old. Let's prepare, and be prepared, to be helpful to all whom our lives touch, and with whom we share Christ's love every day.

Pastoral Care Team

Please return DVDs within 2 weeks, so the next parishioner can borrow. Thanks!

SEERSUCKER SUNDAY

Sunday, July 14 at the ONE 10 am Holy Eucharist was Seersucker Sunday.







Highlights of Health Research*



Eating Breakfast and Cardiovascular Disease—Adults who said they never eat breakfast had an 87% higher risk of dying from cardiovascular disease, especially stroke-related death, than those who eat breakfast daily. This is regardless of other cardiovascular risk factors or social status. Journal of the American College of Cardiology.

Father's Age and Children—Children born to fathers (ages 45 and older) had higher likelihood of being born preterm, lower birth weight, and low APGAR (assessment of overall infant well-being) scores; as well as increased odds of developing birth defects, newborn seizures, autism, cognitive and psychiatric disorders and childhood cancers compared to those born to younger fathers. Complications of pregnancy were also more likely among the partners of older men. <u>Maturitas.</u>

Physical Activity and Brain Aging—Light-intensity physical activity was associated with a reduction in brain aging in adults. JAMA Network Open.

Healthy Lifestyle and Dementia—Older adults who maintained a healthy lifestyle (diet, exercise, stopped smoking, moderate or no alcohol consumption) were significantly less likely to develop dementia late in life, compared with those who had less healthy lifestyles. The significance held even among those with high genetic risk. Journal of the American Medical Association.

Low Dose Aspirin and Intracranial Bleeding—A daily low-dose Aspirin may increase the risk of intracranial hemorrhage, potentially outweighing any benefit to people without a history of stroke or heart disease. Aspirin should be used on a preventive basis only for patients at high risk of stroke or heart attack. JAMA Neurology.

Walking Fast and Life Expectancy—People (470,000) with body weights ranging from underweight to obese who walked more briskly had a longer life expectancy than those who walked slowly. The findings suggest that physical fitness may be a better indicator of life expectancy than basal metabolic index. <u>Mayo Clinic Proceedings.</u>

Sugary Beverages and Mortality—A study of over 13,000 people (aged 45 and older) found that consumption of an additional 12 ounces of sugary beverages per day was associated with a 15% increased risk of cardiovascular heart-disease-mortality (death) and an 11% increased risk of all-cause mortality. One-hundred percent fruit juices were linked to an even higher mortality (each additional 12 ounces was associated with a 28% higher risk of cardiovascular-heart-disease mortality and a 24% increased risk of all-cause mortality). JAMA Network Open.

Sense of Purpose and Survival—A survey of 6,985 seniors showed a strong link between having a sense of purpose (in life) and survival. Those whose scores indicated less sense of purpose were more likely to die of heart, circulatory, and blood conditions, as well as digestive disorders. The report said that activities such as yoga, meditation, and volunteering, as well as strong relationships and a sense of community contribute to having a sense of purpose. JAMA Network Open.

Junk Food and Scores on Math and English—Youths who consumed more sweet and salty snacks and sweet drinks had reduced standardized math and English test scores, compared with those who consumed less junk food. <u>American Society for Nutrition</u>.

Time Outdoors and Health—Spending 2 hours per week (in a single dose or spread out over the week) brought about significant physical and mental health benefits. <u>Scientific Reports.</u>

Sitting and Premature Death—A review of 3,592 subjects in the Jackson Heart Study found a 50% increased risk of premature death and cardiovascular problems among those who sat for 4 hours daily watching television, compared with those who sat for 2 hours or less. (This effect was canceled if the subjects exercised for 150 minutes per week.) Those who sat longer periods in the office were not at higher risk. Journal of the American Heart Association.

*As reported in *ANA SmartBrief* (A regular briefing from the American Nurses Association for members) from April 20, 2019 to July 19, 2019 . Unless otherwise stated, the results below were reported by only one study during the time period given above; it is possible that similar findings may have been reported at other times. The source for each study is given following a brief report of results. Suggestions for this column are welcome at any time to marymartof@gmail.com.



EUCHARISTIC MINISTER & WORSHIP LEADER TRAINING

Thanks to all who serve our parish as Eucharistic Ministers and/or Worship Leaders. It's time to renew your certifications so that you can carry on in this important ministry. Mother Suz will offer several training dates in the coming months to accomplish this purpose, so with hope one of these times below will work for your schedule.

If you have any questions or you're interested in joining this ministry team, please contact Terri Mayberry at (864) 710-3330 or terri.mayberry@charter.net. Newcomers are always welcome!

Sunday, August 11 @ 9:15am for EMs



Sunday, September 15 @ 11:45am for EMs

Sunday, September 15 @ 4pm @ St. Paul's for Worship Leaders

Training sessions will last 30-40 minutes.

MID-WEEK HOLY EUCHARIST

Join us at 5:30 pm on Thursday evenings for Holy Eucharist that will include Prayers of Healing and Anointing of the Sick. Most of these services feature music led by a team of gifted musicians who lead us in simple hymns and songs of praise using acoustic instruments. All are welcome to celebrate the Eucharist together.

WORSHIP IN THE CHAPEL ANYTIME* DAY OR NIGHT!

The chapel door is once again unlocked. Can't sleep at 4 am? Come pray. Heading home after dinner downtown? Stop by and make a joyful noise before the Lord. (The acoustics are great!) Pray the daily office, meditate, or praise God's name with dancing. All are welcome-just make sure you stay within the chapel (transept) so you don't trigger the alarm in the Nave. That noise may not sound very joyful to your ears.

*Almost anytime: We do lock the door on football game days.

"Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." —Thessalonians 5:16-18





Thínk with the Mind of Christ

WHETHER YOU'RE NEAR OR FAR, STAY CONNECTED WITH HOLY TRINITY FOR THE REST OF THIS SUMMER

Monday Morning Prayer Live at

http://www.holytrinityclemson.org/event/morning-prayer-live-on-facebook/?instance_id=17141

and Sunday Sermons at

http://www.holytrinityclemson.org/?post_type=sermons

Share pictures of your summer adventures on our *Private Holy Trinity Facebook Group* at https://www.facebook.com/login/?next=https%3A%2F%2Fwww.facebook.com%2Fgroups%2F148247515988845%2F If you're not a member yet, follow the link to the Group page and ask to be added. (Note: *Active links to all of these connections will be provided in HT Notes throughout the summer for your convenience.)* Additional Resource: *Way of Love Podcast* at

https://wayoflove.episcopalchurch.org/

HOLY TRINITY SEEKS A PART-TIME FAMILY MINISTER & A YOUTH LEADER

... and we could use your help

Do you know someone who would be a great Family Minister or Youth Leader for our church? Someone who wants to help our young people and all of us grow in love? If so, share the *Family Minister* job description at

(http://www.holytrinityclemson.org/wp-content/uploads/2019/07/Family-Minister-Job-Description.pdf)

or Youth Leader job description with them:

(http://www.holytrinityclemson.org/wp-content/uploads/2019/07/Youth-Worker-Job-Description.pdf)

DO YOU NEED A RIDE TO CHURCH? ARE YOU WILLING TO GO THE EXTRA MILE TO PICK UP A NEIGHBOR?

Contact Kara Hollandsworth at khollandsworth@holytrinityclemson.org to get - or give someone - a ride to church.





SUNDAY SCHOOL AND BREAKFAST

Sunday School and breakfast resume on Sunday, September 8.

Adult Christian Spiritual Formation

We on this ministry team have been reviewing the fantastic data so many of you shared with us by means of the "non-survey survey" we circulated on Sundays and at many of the Neighborhood Group gatherings over the summer. The evidence is overwhelming that the people of Holy Trinity remain hungry and thirsty for God and are eager to engage the Christian faith spiritually, intellectually, and experientially. To say that that's encouraging would be a gargantuan understatement!

Below is a breakdown of the most-requested topics from the "non-survey survey"; for no reason other than convenience, I've grouped them according to general category or concept:

The Cure of Souls Christian theology/theologies Christian spiritual practices/mysticism Spiritual well-being

The Faith-filled Life Living Faithfully in the larger culture Science & religion Scripture, studied by themes

The Stories of Who We Are Biblical history/culture/background History of the Anglican Church

There is, of course, extensive overlap between all of these individual topics. Scripture, for instance, ought to (and does) inform every single one of them, and that's just one example. But in terms of figuring out how to build a program of spiritual formation, it will be immensely helpful to have some specific topics and categories from which to work. So a *huge* thank-you to everyone who took the time to fill out the "non-survey survey" and get it in to us.

Although it will be impossible to explore all of these topics fully in a single program year, we hope to present you with individual Sunday school series, individual lectures and workshops, and mid-week study and worship opportunities that will explore or at least touch on many of them. For example, my first Sunday school series for the fall will be a program on the theology and practice of prayer. We also have a number of lay persons who will be offering presentations as well—stay tuned to *HT Notes* for details about topics, dates, times, and places!





Ben Skardon Turns 102!

On Sunday, July 14, Ben's 102nd birthday, the congregation gave him a birthday party after the one 10 am joint service.











RALLY DAY

On Sunday, August 25, from 9:15-10:15 am Holy Trinity will have Rally Day to kick off a new academic year.

- Youth and their parents will connect with Sunday School teachers.
- Representatives from parish ministries will share ways in which others can support their work with their time and talents.
- We'll enjoy snacks, coffee and festive games for all ages as we celebrate our community and our work together.

Bring your calendar and be prepared to get involved with the vibrant life of our parish!





Our campus ministry program will officially kick off another great year on Wednesday, August 21st—the first day of classes for Clemson University. We will have already gathered the day before at the Clemson University stadium for Tiger Prowl where, as in fall semesters past, we will have a Canterbury booth set up to let incoming students see who we are and hear about what Canterbury has to offer. And we will have a contingent of folks attending Clemson University's Welcome Back Bash that Tuesday night, as well.

At the beginning of the previous school year, we reinstated an old Canterbury tradition of throwing a Welcome/ Welcome Back party at the end of the first week of classes. It's a perfect way to give newcomers to the program a chance to hang out with and get to know each other as well as the veteran Canterbears before the pressures of the academic term begin to add up. Last time, it was a boat party out on the lake. This fall, to change things up a bit, we're planning a pool party. Specific details are still being finalized, so look for announcements in *HT Notes* very soon for the date, time, and location.

Once the semester is under way, we'll follow our usual schedule: meet at 6 pm in the parish hall for fellowship and a home-cooked meal prepared by volunteers from the parish. After dinner, we'll have a program for the first week and we'll celebrate Holy Communion the next week, and so on throughout the semester, alternating each week between program and worship. Program nights will once again provide a wide variety of lessons, discussions, and experiences as we explore different aspects of our faith tradition and what it means to live as a part of our tradition out in the world, be that in school or in a career.

Program topics for this term will include fellowship, music, Bible study, Anglican tradition and identity, and navigating current events from a Christian (and specifically Episcopal) perspective. These sorts of programs we've done before with great success, and so we'll continue exploring these sorts of topics as part of our campus ministry.

But we will also be trying some new things out this term: holy hikes, for one; film viewings with group discussion afterwards; and guest speakers. We're also going to try inviting the Holy Trinity congregation to come to our Communion service on several different Wednesday nights throughout the semester. We hope that doing so will create more opportunities for these two worshipping communities, Canterbury and Holy Trinity, to get to know each other better and to share more with each other than just buildings and worship spaces.

It's going to be an exciting semester-please pray for us as we get ready to get it started!



Act in the World as the Body of Christ

FAMILY PROMISE

Holy Trinity and University Lutheran will host Family Promise August 4th-11th. We are in need of friendly volunteers. If you could please check your family calendars and let us know when you might be available, we would be grateful. We need volunteers to spend the night, prepare and share a meal with our guests, or spend some quality time reading books, playing games, share a craft, or simply visit with our guests. Thank you.

Contact: ehalpin59@gmail.com, 864-654-5230, or cell 864-903-6340.

Liz Halpin.

Yard Sale to Benefit the Teachers at Bois Joli

Grace Episcopal Church in Anderson is one of our partners in ministry, helping to support the school teachers at Bois Joli in Haiti. Grace is raising funds for this ministry by holding a church-wide yard sale on Saturday, August 24 from 8:00 am to 12:00 noon. There will be a Preview Pre-Sale on Friday, August 23 from 5:30 pm to 7:30 pm. A \$5.00 ticket includes beverages and light hors d'oeuvres.

You can support this fundraiser in two ways—attend the Preview Presale or Yard Sale and BUY, or you can DONATE items to be sold. If you wish to donate items for the Yard Sale, please contact Earl Burch by phone or email: 864-356-9804 or eburch@innova.net.



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Holy Trinity

August 2019



CLEMSON COMMUNITY CARE SEEKS PART-TIME PROGRAM DIRECTOR

Clemson Community Care has a job opening for a part time Program Director beginning September 3, 2019. This is a part time position which works with volunteers, food donations, and other community activities. If interested, please submit a resume by email to KarenCarter@clemsoncommunitycare.org.

Resumes will be accepted though July 25, 2019.

Any questions, please call Karen at 654-4460 ext. 107.



CLEMSON COMMUNITY CARE FOOD SHORTAGE

Clemson Community Care has a shortage of the following food items: oatmeal,

grits, cereal, crackers, pork and beans, juice, canned meat, and dry pasta. Our clients have a greater need for food during the summer months because their children are not in school. Non-food items that are always needed are toiletries and laundry detergent.

We greatly appreciate all donations. Thanks you so much for your continued support.

All CCC items can be dropped off at the basket in the Holy Trinity Narthex.

EPISCOPAL DAY SCHOOL JOB OPPORTUNITIES

The Day School is looking for caring, nurturing, and enthusiastic preschool teachers for the 2019-2020 school year! The school year will begin for employees on August 15, 2019 and end June 5, 2020, with holidays matching the School District of Pickens County. Job details and an Application for Employment are available on the church website.

Job Opportunities include:

- Assistant 2K Teacher: Monday-Friday, 8:30a.m. 12:30p.m.
- Assistant After School Care Provider: Two to three weekdays TBD, 12:30-5:30p.m.
- Substitute Teachers/Care Providers

Please send a resume, completed Application for Employment, and/or questions to Suzanne Watkins at swatkins@holytrinityclemson.org. Resumes with applications can also be delivered to the church office of Holy Trinity Episcopal Parish.



SUNDAY SCHOOL AND BREAK-



Clemson Honors Ben Skardon*

Nearly one hundred friends sang Happy Birthday to Col. Ben Skardon as he walked up Woodland Way, in Clemson, on Friday afternoon, July 12. They were there to support their (then almost) 102-year-old neighbor and friend, and to surprise him with a sign to mark the trail, his "Sylvan Delight", located in seven-acres of Clemson University property. The trail begins a mere 50 yards from his own driveway and winds through the woodlands up to the highest point on the university campus (above the new Douthit Hills dormitories, formerly Daniel Dr). The permanent sign, purchased by the City of Clemson, should be delivered and mounted next week.

There was a time when Col. Skardon used this trail to prepare for the Bataan Memorial March in White Sands, New Mexico. The event is a full marathon with as many as 8000 participants! The Bataan Memorial March has been held every spring since 1989 as a way of remembering the sacrifices of thousands of men, including Colonel Skardon and his Clemson classmates, Henry Leitner and Otis Morgan. More than ten times, until he was nearly 100 years old, Col. Ben walked 8¹/₂ miles on that high desert trail in New Mexico. This spring, at 101 years and 8-months old, Col. Skardon amazed everyone again as he walked over three miles in honor of those who did not survive the Death March in 1942. What Col. Skardon has accomplished on the other side of the country, on a national stage, was made possible because of the training, and preparation, he did right here on this trail in Clemson, South Carolina.

Col. Skardon turned 102-years-old on July 14th and still walks parts of Woodland Way daily. On one of those walks with friends, months ago, he commented (as only a gifted English Professor would) that this was his "Sylvan Delight". Immediately – there was a name for the trail! According to the dictionary sylvan means 'wooded, or pleasantly pastoral'. As some of the "Friends of Ben" group was setting up on the morning before the new sign was to be unveiled a young deer was spotted near the trail – right in the heart of the town and on the edge of the university! For Col. Ben, and others, the beautiful wooded setting has provided a feeling of peace and delight over the years. Marking this trail by the City of Clemson is a symbol of respect for Colonel Skardon and his devotion to his beloved town, university, and country. When asked how he felt about the surprise, Col. Skardon lit up and said "All I could do was grin. It doesn't get any better than this!"









This is a new date for this year's bazaar—Please mark it on your calendars!!

ECW BAZAAR PLANNING MEETING

All are welcome to join us for a bazaar planning session on **Sunday, August 4**, at 9:15 am in the Parish Hall. Come help us brainstorm. to make this year's bazaar the best ever!



If you can't make it August 4, make a note that we'll have a planning session every first Sunday of the month until the bazaar.

Silent Auction—We are asking for donations. They can be given now or before November 17. Donations can be given to Sue Williams at williams6118@bellsouth.net or Lynn Luszcz at llusczc@clemson.edu. Suggested items include: Clemson memorabilia, artwork, services, jewelry, and new or gently used items.

Stockings—Please contact Amy Agosti (akagosti@att.net) if you would like to place your order for stockings.



Banners—Remember that banners need to be ordered in advance. Contact Sally Morrell at Sallym29631@gmail.com to order a banner.





Save your empty quart jars. Please leave them in the office for Bill Purkerson from now until the bazaar. Thanks!

It is not too late to get involved with the Annual Bazaar. We are still in need of someone to be the marketing contact. Please see Cheryl DeSellier at or Amy Agosti if you are interested.

ADMINISTRATIVE

A NOTE FROM THE JUNIOR WARDEN

Well, one thing has led to several others. My hope for a quick turnaround to get back to worship in the Nave was tempered by a number of tasks that need to be accomplished in a particular order. We want to feel absolutely comfortable moving back in. We had environmental testing conducted to get a clean bill of health (the results indicate no pathogens are present). Cleaning duct work, ceilings, organ ledge, and carpets are now being scheduled. At this time, we've scheduled our last task of carpet cleaning Monday & Tuesday, August 5th and 6th. If all goes according to plan, we should be back in the Nave to worship on Sunday, August 11.

Many thanks to everyone who helped put away chairs on Sunday, July 28, to prepare for the carpet cleaners the next day!

HELP NEEDED FOR FOOTBALL PARKING!



The work associated with football parking is being done by only a few people and they need our help. This effort generates a significant amount of income for the church, the majority of which is used to pay the debt on the Trinity Place. Without the funds generated by these volunteers the budget of the church would be challenged.

You can work one game and choose from duties that are before, during or after parking. As an added bonus, you get to spend time with the friendliest Clemson fans on the planet—Go Tigers!

To find out more please contact Beth Kunkel at <u>bkunkel@clemson.edu</u>.



NOTES FROM THE SENIOR WARDEN

Beloved Parishioners:

This is just a short note to let you know what is going on with Vestry-related activities. Much is in progress, and, by my next report, I will have more details. The Vestry did not meet in June but did not meet in July. Minor business is being conducted by email. However, in August we will likely meet three times. Our first meeting will be on August 4th to discuss the various options for the Trinity Place property and to finalize what we will roll out to the parish. Engineering plans have been created for these options through Trehel Builders and budgets for them are being developed. Because a capital campaign will very likely be necessary to help with the cost of any project(s) on this site, we have preemptively recruited Kathy Hunter and Darren Linvill to lead the campaign. They will be assisted by Michele Cauley and Bill Purkerson who were the leaders of our last Prism campaign. We are most grateful to these faithful and skilled volunteers, as capital campaigns require a great deal of organization.

The Vestry will also meet in the middle of the month to discuss the results of the Mutual Ministry Review, which involves input from the current and last year's retired Vestry and wardens along with that of the rector. This year we are using the results of the review from last year as a base in order to see if we are making progress on issues identified therein. We are also evaluating new initiatives. The evaluation tool is a survey created largely by Kathy Crouse working with Sarah Maiberger, Lori Graham and me. The meeting to discuss the results will be facilitated by Sheri Jung, a parishioner who has a great deal of experience as a mediator. A summary of the results of the review will be shared with the entire parish after this meeting. A third meeting will likely to take place at the end of the month to handle normal Vestry business and finalize the work of the teams working on planning and protocols.

On another note, our plan is to return to the nave for worship by August 11th. Please see the Junior Warden report in *HT Notes* or on the previous page in this *Tempo* for details. In short, we have had environmental testing for pathogens done and have a clean bill of health. We have had the ceiling area vacuumed and sealed to keep any further debris from falling on the altar. We have also scheduled carpet and air duct cleaning. I hope this is the last we have to deal with bat-related issues for some time.

I also would like to update you on our financial status. In the last few reports I had indicated that expenses were running ahead of revenue. That has turned around and revenue is ahead of expenses in our statement of mission budget. In addition, we are nearly on the proposed budget for the year, which included our current unfilled family minister position. That is, even if we had hired this position we would have sufficient revenue very nearly to cover all our expenses. Thanks to all of you who support the missions of our parish.

We continue to advertise for the family ministry position and, sadly, are having to replace our youth minister, Caroline Daw, who has taken on duties elsewhere and does not feel she can do justice to both positions. If you know of anyone who you think would be qualified, please contact Suz.

Love with the heart of Christ, think with the mind of Christ and act in the world as the Body of Christ.

Нар



SINGING ROOSTER COFFEE & CHOCOLATE

Perhaps the best quality and certainly best tasting fresh coffee available anywhere in the Upstate is Singing Rooster fair-trade Haitian Mountain Blue. Remember that 70% of the proceeds from each sale go directly back to Haiti. Organic chocolate in four delicious flavors also available for \$3/bar.



Look for a member of our Outreach Committee Singing Rooster sales force (Phil Maiberger, Glen Quattlebaum, Rachael Mayo, & Harry Morse) after the 8:00 am or 10:30 am service in the Parish Hall. \$10 per bag for coffee; \$3 per bar for Gourmet Chocolate.

- Please make checks payable to Holy Trinity Outreach.



Flower List

The 2019 flower sign-up book is in the Narthex for people to designate flowers to the memory of, in honor of, and/or in thanksgiving for their loved ones or for a special occasion. Please sign up in the Narthex or contact Kara Hollandsworth in the church office (864-654-5071, ext 0 or email htchurch@holytrinityclemson.org to sign up.

AUGUST BIRTHDAYS

08/02	David Johnstone	08/15	Tah-Teh Yang
08/02	Judy Surak	08/16	Beth Carney
08/03	Robbie Hughes	08/16	Sharon Lane
08/03	Julie Lewis	08/18	Serena DuBose
08/06	Carl Redd	08/20	Eric Crouse
08/06	Jane Hamilton	08/24	Nancy Pate
08/08	Amelia Linvill	08/25	Julian Gajdalo
08/10	David Robb	08/25	Louise Shipps
08/10	Mary Ann Prater	08/26	Terri Mayberry
08/11	Libby Woodell	08/26	Daniel Smith
08/11	Barbara Lewis	08/26	Byron Harder
08/11	Frank Johnson	08/27	Muriel Kaye
08/12	Jack Elam	08/28	Rowan Evans
08/12	Jack Davis	08/28	Keri Anderson
08/14	Cindy Thackham	08/28	Rowan Evans
08/14	Bill Hurst	08/30	Jean Jameson



August Birth Flower Gladiolus



08/31 Nigel Kaye

August Birthstone Peridot

Operating Fund

Financial Update as of July 31, 2019

	Monthly Budget	Monthly Actual	Budget YTD	Actual YTD
Income	\$47,841.00	\$41,206.15	\$334,887.00	\$328,357.73
Expenses Income +/-F	<u>\$48,969.00</u> Expense (\$ 1,128.00)	\$47,133.68 (\$ 5,927.53)	\$329,259.00 \$5,628.00	$\frac{325,313.98}{3,043.75}$

Trinity Place

Balance on First Citizens Bank Notes as of July 31, 2019 \$502,840.95