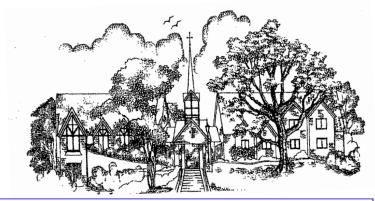
# The Tempo

# Holy Trinity Episcopal Church

A people passionately seeking to love with the heart of Christ, think with the mind of Christ, and act in the world as the Body of Christ.



# FEBRUARY 2020

#### FEBRUARY CALENDAR

# Sunday, February 2

#### FIRST SUNDAY

8:00 am Holy Eucharist 10:30 am Holy Eucharist 11:30 am Lunch by Youth

5:00 pm Holy Eucharist, St. Paul's

#### Monday, February 3

Kanuga Registration deadline

#### Sunday, February 9

8:00 am Holy Eucharist 10:30 am Holy Eucharist 4:00 pm Kanuga Tea

#### Sunday, February 16

8:00 am Holy Eucharist 10:30 am Holy Eucharist

12:00 pm Daughters of the King 5:00 pm Evening Prayer, St. Paul's

# Friday & Saturday, Feb 21, 22

Vestry Retreat

#### Sunday, February 23

8:00 am Holy Eucharist 10:30 am Holy Eucharist

#### Tuesday, February 25

5:30-7 pm Shrove Tuesday Pancake Supper & Bingo

# Wednesday, February 26

#### ASH WEDNESDAY

7:00 am Holy Eucharist 12:30 pm Holy Eucharist

5:30 pm Children's Service (no HE)

7:00 pm Holy Eucharist with choir

### ONGOING EVENTS

#### Sundays

8:45am Breakfast 9:20am Sunday School 11:45 am Coffee Hour

#### Mondays

9:00 am Facebook online prayer
11:15 am Quiet Time in the Chapel

6:00 pm EfM

#### <u>Tuesdays</u>

11:00 am Reflectionary Bible Study Wednesdays

1 pm Women's Book Group (1st, 3rd Wed) 5:45-7pm Children's Choir Rehearsals 6:00 pm Canterbury

7:00 pm Adult Choir Rehearsal

#### Thursdays

10:30 am HE at Downs (1s Thursday only) 5:30 pm HE, Healing Service

# KEEPING THE FAITH: SUZ'S MONTHLY MESSAGE

My Dear Friends in Christ,

When I arrived here in mid-2016, the primary document that described Holy Trinity's aspiration was the Vision 2020 that was created in 2012. The Vision 2020 document described the high hopes and very possible dreams that the parish held dear in that moment. The document describes Holy Trinity's specific goals for "a parish growing: a diverse, dynamic church worshiping within the Episcopal tradition; a church forming and re-forming: a loving family nurturing faith across generations; a family sustaining: a communion bound in one another by the sacred intimacy of sharing joys and sorrows; and a communion giving: a parish joined to our community and our world, in charity, and in hope."

Holy Trinity's Vision 2020 provides specific goals for Liturgy, Christian Formation, Pastoral Care, Outreach, Trinity Place, Canterbury, St. Paul's, and the Episcopal Day School. In each of these areas, some of those goals have been met, some are in progress, and some are still to be addressed.

When the 2020 Vestry meets for the first time in February at our Vestry Retreat, I will ask the Vestry to assess each of these areas. We will then begin to formulate a vision to carry forth the mission and ministry of Holy Trinity in light of the goals accomplished and the goals that are still unfulfilled. We will start that work at the Vestry level and spread it out through the various committees and groups that are already engaged with each aspect of ministry at Holy Trinity. At some point, I hope that each person in the parish is called upon and responds actively to at least one opportunity to engage in the mission of this parish: to love with the heart of Christ, to think with the mind of Christ, and to act in the world as the Body of Christ.

Grace & peace to all y'all, Suz+



This letter was read as the Rector's Address to the Parish at the Annual Meeting 1/26/2020.

*The Tempo* is a publication of Holy Trinity Episcopal Church 193 Old Greenville Highway Clemson, SC 29631-1335

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www.holytrinityclemson.org

Submissions are due <u>no later than</u> the 24<sup>th</sup> of the month by e-mail to: <u>ibbrh@bellsouth.net</u>

The Rev W. Andrew Waldo, Bishop

### Staff

The Rev. Suzanne Cate, Rector
Becky Bowman, Minister of Music
Cynthia Spejewski, Organist
Leah Durham, Children's Choir Director
Lynne Farmer, Parish Administrator
Kara Gold Hollandsworth, Secretary
Jim Hylkema, Sexton
Suzanne Watkins, Day School Director

### Vestry Members\*

Bill McDaniel, Senior Warden
Bill Hurst, Junior Warden
Rebecca Eidson, Clerk
Bob Taylor, Treasurer

Amy Agosti
Bob Green
Ellen E. Haase
Cary Kaye
Lynn Luszcz
Sarah Maiberger
Samantha Murphy
Bill Purkerson
Mary Lou Sigsby
Shannon Quattlebaum
John Warner
Joe Yanes

\*Ministry Team Assignments will be determined in February.

# BE TRANSFORMED: A HOLY EXPERIMENT

# African Bible Study Method—lectio divina in Community\*

This month, I'm inviting you to continue the *lectio divina* practice introduced last month, the African Bible Study Method. There are suggested readings provided in the *Be Transformed Workbook*. Copies are available in the church office, or you can get one in the Adult Sunday School class on 2/9, where we will use this practice to reflect on the appointed Gospel for the day.

Lectio divina means, quite simply "holy reading." Lectio divina encompasses a variety of methods for reading our Holy Scriptures prayerfully, with the intention of listening for the Word (the mind, the will, the person of God in Jesus Christ) in our hearts, minds, and imaginations. In listening, it is always important to pay attention to physical sensations, "random" thoughts, and emotional responses to what we are hearing.

**Opening Prayer:** O Blessed Lord, who caused all Holy Scripture to be written for our learning. Grant us so to hear them, read, mark, learn, and inwardly digest them, that we may embrace and hold fast the blessed hope of everlasting life, which you have given us in our savior Jesus Christ. *Amen*.

- 1. Read the passage slowly.
- 2. Identify word or phrase that catches their attention (1 minute).
- 3. Each shares the word or phrase around the group (3-5 minutes, no discussion).
- 4. Another person reads the passage slowly (from a different translation if possible).
- 5. Each person identifies where this passage touches their life today (1 minute).
- 6. Each shares (3-5 minutes, no discussion).
- 7. Passage is read a third time (another reader and translation if possible).
- 8. Each person names or writes "From what I've heard and shared, what do I believe God wants me to do or be? Is God inviting me to change in any way?" (5 minutes)
- 9. Each person shares their answer (5-10 minutes, no discussion)

Each prays for the person on their right, naming what was shared in the other steps (5 minutes).

Close with the Lord's Prayer.

\*This method of lectio divina may be adapted quite easily for individual use by responding to each reading in writing. It is important, however, to read the Scripture passage aloud.





# Love with the Heart of Christ

# THE FEAST OF THE EPIPHANY

With a visit from the Three Kings from the East and first Sunday music from the youth, the Epiphany service was wonderful! The three magi also interacted with the children during the first Sunday sermon.









ASH WEDNESDAY

Wednesday, February 26

Ash Wednesday Service 7:00 am

Ash Wednesday Service 12:30 pm

Children's Ash Wednesday Service 5:30 pm (no Eucharist)

Ash Wednesday Service 7:00 pm with choir

All services are at Holy Trinity.



# Highlights of Health Research\*



**Drugs Affecting Microbiome of Gut**—Eighteen commonly used drugs; including proton pump inhibitors, metformin, antibiotics, and laxatives; can alter the gut microbiome (bacterial community). The alteration can cause digestive problems, including diarrhea. <u>Gastroenterology.</u>

Effect of Screen Time on Literacy and Language—Preschoolers with high ScreenQ scores (excess screen time) had reduced structural integrity of white matter in the brain areas involved with literacy and language, compared with more well-developed white matter among those with lower ScreenQ scores. Researchers also found a strong connection between higher ScreenQ scores and poorer emerging literacy, expressive language, and rapid object-naming skills. JA-MA Pediatrics.

**Loneliness and Death**—Patients (average age, mid 60's) who reported feeling lonely were more likely to die within a year after hospitalization compared with their peers who didn't feel lonely. More than 13,400 heart patients were studied to find higher odds of depression, anxiety, and lower quality of life among those who reported being lonely. Heart.

**Nighttime Eating and Health**—A study by Columbia University researchers, to be presented at the American Heart Association's annual meeting, found that women who ate more of their daily calories in the evenings were more prone to having higher body mass index, higher blood pressure and poorer long-term blood glucose control.

**Laxatives/Diet Pills and Eating Disorders**—Young women and girls who try to control their weight with laxatives and diet pills may be at a higher risk for eating disorders. Researchers found 4.2% of those who used laxatives and 1.8% who used diet pills were subsequently diagnosed with an eating disorder, compared with 0.8% who didn't use laxatives and 1% who did not use diet pills. <u>American Journal of PUBLIC Health</u>

**Noise and Risk of Cardiovascular Disease**—Researchers associated every 5-decibel gain in environmental noise exposure with 34% higher odds of major adverse cardiovascular events, such as strokes and heart attacks. <u>European Heart Journal.</u>

Aspirin and All-Cause Mortality—Researchers found that older adults who took aspirin at least three times weekly had 15% lower odds of cancer-related death and 19% reduced likelihood of all-cause mortality, compared with those who didn't take aspirin. The findings in <u>JAMA Network Open</u> also linked aspirin use to 34% and 28% lower risk of colon and gastrointestinal cancer-related mortality, respectively, among those who were overweight.

**Coffee and Chronic Kidney Disease**—Coffee may protect against chronic kidney disease (CKD) and albuminuria, according to a study in the <u>American Journal of Kidney Diseases</u>. Researchers did not determine which ingredients in coffee may provide the benefits but suggested non-caffeine chemicals may be a factor because they reduce inflammation and oxidative stress, which are associated with CKD onset and progression.

Green Tea and Life Expectancy—Researchers tracked 100,902 Chinese adults with no history of stroke, heart attack or cancer for about seven years and found that those who reported drinking green tea at least three times per week could expect at age 50 that their lives would be 1.26 years longer than that of their peers who did not regularly consume green tea. Regular green tea drinkers were 20% less likely to develop heart disease and 22% less likely to die from stroke. European Journal of Preventive Cardiology.

**Obesity and Cancer**—Research found increasing rates of cancer in men and women under age 50, and researchers suggested obesity may be a key factor. <u>Canadian Medical Association.</u>

\*As reported in *ANA SmartBrief* (A regular briefing from the American Nurses Association for members) from October 20, 2019 to January 16, 2020. Unless otherwise stated, the results below were reported by only one study during the time period given above; it is possible that similar findings may have been reported at other times. The source for each study is given following a brief report of results. Suggestions for this column are welcome at any time to Mary Taylor Martof.

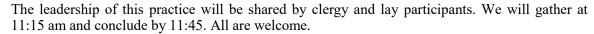
# THE "GOOD SHEPHERD FUND"

The Vestry and Clergy wish to communicate that Holy Trinity has established a confidential Good Shepherd Fund to be administered by the Pastoral Care Committee in conjunction with our Clergy. The purpose of this Fund is to provide confidential financial assistance in response to emergencies or financial hardship among any of our parishioners.

The program is well-defined, including proper oversight and guidelines for its operation, with full accountability to the Vestry. If any parishioner has such a financial emergency, they are to contact the Rector or Pastoral Care Committee directly, in confidence. Contributions to the Fund will be accepted from generous parishioners and others, but cannot be earmarked for any specific purposes. Confidentiality regarding recipients of funds is strictly maintained.

# QUIET TIME WITH GOD IN THE CHAPEL

Take a break with God on Monday mornings. The chapel at Holy Trinity is always open, and all are welcome to stop by and pray at any time. On Monday mornings, any who wish to gather for quiet, contemplative time with God can come together for reflective reading of Scripture and short periods of prayer and meditation.





# MID-WEEK HOLY EUCHARIST

Join us at 5:30 pm on Thursday evenings for Holy Eucharist that will include Prayers of Healing and Anointing of the Sick. Most of these services feature music led by a team of gifted musicians who lead us in simple hymns and songs of praise using acoustic instruments. All are welcome to celebrate the Eucharist together. (This service recommenced on Thursday, January 16).

# **GET ENGAGED & HELP FOSTER FELLOWSHIP**

Consider signing up for a particular day to help the Engagement Committee with Coffee Hour, First Sunday Lunch, or other social events. Sign-up sheets are near the welcome table in the Narthex. If you have any questions about these opportunities to serve, please e-mail Cindy Thackham at cdjpt@att.net.



### THE PARISH CHOIR NEEDS YOU!

The 2019-2020 Parish Choir season has begun. We welcome anyone over the age of sixteen to join and further enrich our beautiful and harmonious choir!! We rehearse Wednesday evenings 7:00-8:30 pm and our Sunday pre-service rehearsal is at 10:00 am.

We have a core of dedicated and talented singers, but there is always room for more. This lively, energizing ministry is the perfect place to share the love of singing together; making new friends; receiving support and fellowship; having a creative and expressive experience; development

oping new skills.

We are an open group of people who enjoy lifting our voices to enhance and guide the worship experience. Previous choral experience or the ability to read music is not required. If you have questions or would like to express interest, contact our Choir Director, Rebecca Bowman at rebeccabowman76@gmail.com



### Adult Sunday School Classes: Something's Brewing!

The Adult Formation Committee recently met with Mtr Suz to discuss ideas for Adult Formation during the new year, with a principal focus on Epiphany. The Committee adopted a framework for upcoming sessions under the title of "Something's Brewing" (that is, grab your coffee and attend a session of interest to you), which provides Adult Sunday School lessons on topics of interest presented by lay volunteers and/or clergy.

A regular feature of "Something" Brewing" during Epiphany will be TED Talks on the first Sundays of January, February, and March. Learn more about TED talks at https://www.ted.com/about/our-organization.

Seeking to love with the heart of Christ, to think with the mind of Christ, and to act in the world as the Body of Christ.



#### **DAUGHTERS OF THE KING**



All women of the parish over the age of 21 are invited to join us as we reactivate the Mary Laib Chapter of the Order of the Daughters of the King at Holy Trinity. We are embarking on a three month study and discernment period, meeting on Sunday afternoons following the 10:30 am, mostly two Sundays a month. Our first study session took place following the Annual Meeting on Sunday, 1/26.

We will bring a brown bag lunch to these sessions and spend approximately 1 hour in prayer and study. Following the study period, the Daughters of the King will meet monthly at a time that is convenient for most.

Please feel free to contact Mtr. Suz if you have any questions.



### KANUGA TEA



Celebrate the English heritage of our church by joining us for a traditional afternoon tea on Sunday, February 9 at 4:00 pm. Enjoy scones with cream and jam, delicate sandwiches and a variety of sweet and savory items, plus freshly brewed English tea, all served on fine china.

Tickets are \$12 for adults and \$6 for children ages 5-12, free for children under 5. Tickets can be purchased between services and at coffee hour on February 2 and in the church office. Please buy tickets in advance so that sufficient food can be prepared. A limited number of tickets might be available for purchase on the day of the event.

Proceeds from the event will be used to provide scholarships for children to attend the Parish Weekend at Kanuga.

# KANUGA REGISTRATION



Every year our parish travels to the mountains of western North Carolina to rest, relax, and reconnect with one another and with that Great Mystery that embodies and carries us all. We'll continue this tradition at Kanuga from Friday, March 6 to Monday, March 8.

The program is Catching Our Breath: Listening Deeply to God. In a culture of ever busy business we invite you to step away for a weekend to reconnect and breathe deeply in the mountains of Western North Carolina. During our time together we will share meals, play, pray, reflect on our own lives, and listen within God's creation as we seek right relationship with our neighbors, creation, self, and God. Together we will explore the sacred texts of scripture, nature and your own lives seeking the Sacred Breath of God's love throughout.

Additional details and registration forms are available in the Parish Hall and Narthex. There is also an online registration form on the website. Please submit your registration and payment by Monday, February 3.

Please note that we are partnering with St. John's, Columbia, for our programming this year.

# **DISCOVERY CLASS 2020**

 $1^{st}$  &  $3^{rd}$  (mostly) Monday Nights February 3 - April 20 at 6:00 pm

Each year, Mother Suz conducts a Discovery Class. In this seven-session class we use our hearts, minds, and imaginations to explore the various aspects of life as Anglican Christians at Holy Trinity and in The Episcopal Church. This year, we will follow the structure and teaching of an excellent book by Scott Gunn and Melody Wilson Shobe, *Walk in Love: Episcopal Beliefs and Practices*. This class is open to all who are interested in learning more about The Episcopal Church, whether you are a cradle Episcopalian or you're just checking us out. To preview the class schedule, go to

http://www.holytrinityclemson.org/wp-content/uploads/2020/01/Discovery-Class-2020-flyer.pdf

If you have questions or would like additional information, contact Mother Suz. Books will be provided for this class—just drop me a line to let me know you'll be participating at scate@holytrinityclemson.org or call me at 864-364-1952.





Holy Trinity's annual meeting was held after the one Holy Eucharist at 10 am on Sunday, January 26. After a delicious sandwich luncheon the meeting began with Mtr. Suz thanking Carol Yardley for her 23 years of service as Acolyte Director.

Retiring Vestry members, Earl Burch, Lori Graham, Kathy Hunter, and Bill McDaniel, and retiring Senior Warden Hap Wheeler, were recognized. Newlyelected Vestry members, Ellen E. Haase, Lynn Luszcz, Mary Lou Sigsby, and John Warner as well as new Senior Warden Bill McDaniel were introduced. Treasurer Bob Taylor, Junior Warden Bill Hurst and outgoing Senior Warden Hap Wheeler gave their reports. Micki Harder reported on the Nave Enhancement Project and said that the fund for such is now open for parishioner donations.





















# CHURCH AND THE WORLD

# Act in the World as the Body of Christ

### HELP RESTOCK CLEMSON COMMUNITY CARE'S PANTRY

Every Sunday we invite you to bring canned goods and other non-perishables to share with our neighbors. Please help us keep CCC's shelves stocked. Thank you!

We are so grateful for any and all donations! *Donations can be placed in the basket in the Narthex (entrance) to the sanctuary or dropped off at the church office.* 



# SINGING ROOSTER COFFEE & CHOCOLATE

A guilty pleasure approved for Lent...

Perhaps the best quality and certainly best tasting fresh coffee available anywhere in the Upstate is Singing Rooster fair-trade Haitian Mountain Blue. Grown on the volcanic mountainsides in rural Haiti and currently under cultivation in our villages of Bois Joli and Morne Michel. High quality and exceptional taste are their hallmark. We have good inventory of French Dark Roast and somewhat lighter Vienna available in whole bean, ground, decaf, and K-kups.

In addition, new this Lent is a sale on our current inventory of gourmet Haitian chocolate in Pure Dark, Lemon Ginger, Peppermint, and Coffee. This is 25-33% off retail while quantities last!!

Remembering that 70% of the proceeds from each sale go directly back to Haiti. Our Bishop and your Outreach Committee has officially approved and is encouraging conspicuous consumption of Singing Rooster coffee and chocolate during Lent. Of each \$10 purchase only \$3 goes toward processing, shipping and handling while \$4 goes directly back to the farmers and \$3 goes to support our Haiti University students (most of whom are from the Cange area!!).

Look for a member of our Outreach Committee Singing Rooster sales force or visit our self-service cart after the 8 o'clock or 10:30 am service in the Parish Hall. Drink up and enjoy. Give your Lenten study a little extra focus and buzz! Visit our website: http://www.singingrooster.org/cange/. Available whole bean or ground, French, Vienna, or decaf. Also available as K-Kupps!!

With appreciation for your support, *Harry Morse* 













#### **EPISCOPAL DAY SCHOOL**

Open Enrollment for the 2020-2021 School Year has begun! Please tell your friends that it is time to apply. Applications and information are available on the church's website at

http://www.holytrinityclemson.org/episcopal-day-school/

Call (864) 654-0298 or email Suzanne Watkins at swatkins@holytrinityclemson.org if you have questions or would like to schedule a tour.

February at the Day School will be a month of friends, family, and love. The children will be busy making Valentine's Day cards and crafts. Many Valentines will be sent to special members of Holy Trinity. February is also Dental Health month! So, Issaqueena Pediatric Dentistry will visit the school on February 21<sup>st</sup> to teach the children about caring for their teeth. All of the 3K Yellow Birds and 4K Red Birds will have a field trip to Clemson University's Brooks Center on February 28<sup>th</sup> to see a theatrical production of *Charlotte's Web*, a wonderful story of love and friendship.

The Day School staff will travel to North Charleston for the South Carolina Early Childhood Association Conference on February 6<sup>th</sup>– 8<sup>th</sup>. At the conference they will attend professional development classes an hear from several keynote speaker, including author Carmen Agra Deedy, Ron Shuali, and "The Down to Earth Dad" Patrick Mitchell.

Day School families and staff will enjoy a night of fellowship at the school's 16<sup>th</sup> Annual Spaghetti Dinner on Monday, March 9<sup>th</sup>, cordially provided by the Vestry and Day School Board Members. The Day School's Parent Advisory Council (PAC) will host a Silent Auction and Raffle during the dinner to raise money for school supplies and special school events. The Parent Advisory Council is currently seeking donations to create themed baskets for the auction. The themes include Arts & Crafts, Family Night Out, Clemson Tigers, Superheroes & Princesses, Game Night, Date Night, and Relaxation. Please contact Suzanne Watkins if you have an interest in contributing an item or gift certificate to the Silent Auction. Have a happy Valentine's Day!

Suzanne Watkins
Episcopal Day School Director



photo on the right shows the 2K Blue Bird Class during music time using Rhythm Sticks.

The







#### **ITEMS FOR OUR DAILY REST**



Our Daily Rest, the homeless shelter in Seneca, is still in short supply of paper products, cleaning supplies, trash bags, coffee and sugar. Once again, could you all please lend a hand by bringing and filling the basket in our Holy Trinity entrance with your generous donations of needed supplies?

With grateful thanksgiving,

Robbie and Kevin Hughes, Mary Bowman, and Judy Surak (dedicated shelter chefs)

# **COOK FOR CANTERBURY**



Our college students have returned from their break and are eager to gather again every Wednesday evening for food and fellowship. If you can provide a meal for our Canterbears, please sign-up using this link

https://www.signupgenius.com/go/30e0d4ba8ae2ea0f94-canterbury5

If you have questions or want to learn more about this ministry, please contact Sue Smink at ssmink55@gmail.com or call 864-557-4500.

#### CANTERBURY PLANS INCLUDE VOCARE

February 28-March 1

*Vocare* is a form of the Latin word meaning "to call." The Vocare weekend is a renewal weekend for college students and young adults ages 19-30 from the Upstate. At this stage of our lives, we face many serious decisions, which set the direction for much of our futures as adults.

The focus of the weekend is "Let yourself hear Christ's call." Its aim is to concentrate closely on the person and teachings of Jesus Christ. The weekend includes talks and discussions centering around Christian identity, community, vocation, and more. Do not let transportation or cost hinder you from taking advantage of this opportunity!

Aynsley Hartney



*Vocare #10 (Spring 2019)* 

# CREATION CARE—COMPOSTING PROGRAM



Beginning February 9, Holy Trinity will officially become subscribers with Compost House, a commercial composting service. We have been piloting this program for a month or so to gauge our potential usage and receptivity. Thank you for your support during our pilots; we have diverted several hundred pounds of food waste from the landfill!

Compost House will provide us with buckets and liners for food waste—all paper products used in our food service and all foods served can be composted. Plastics and foil can be recycled. Items like cocoa mix packages will need to go into the trash. We will also begin to collect paper towels in the restrooms on the main level of the parish house and in the

office to be composted. We will use compostable liners in those wastebaskets to facilitate collection and add small wastebaskets for items other than paper towels.

As part of our service, Compost House will pick up our buckets and paper towel bags every 2 weeks and deliver finished compost for our gardens.

Using a commercial composting service allows us to compost animal products (including bones); paper plates, cups, and waxed papers, and compostable "plastic" cups that do not break down in home composting systems. So, there is no need to establish different "waste streams." If it comes from the earth and we can eat it, it is compostable. And, we do not have to devote space to a composter.

We know we still have work to do on logistics and education and will begin that work right away; expect signage and other communications. But, to give you an idea of the potential impact, Grace Episcopal in Anderson diverted nearly 2500 pounds of material from the landfill in their first quarter with Atlas Organics, the parent company of Compost House!

If you have questions, please contact me at either kitchen@holytrinityclemson.org or bkunkel@clemson.edu. Thanks!

#### RECYCLING AT HOLY TRINITY

Thanks so much to kitchen volunteers who have reinvigorated our recycling program in 2019! We hope to make sure that we recycle as much as we can in 2020 and as seen directly above, we also plan to introduce composting!

We can easily expand our efforts to include Sunday school, EfM, choirs, and all other users of our spaces. All anyone has to do to recycle in the city of Clemson is to put plastic containers, glass, metal cans, paper or paperboard loose into one of the green BINS in the kitchen or next to the playground. It will not be recycled if it is in a plastic bag. For now, we need to take recyclables out ourselves as we institutionalize the process.

Plastic bags, including zipper-top bags, can be recycled at local supermarkets--please do not place them in the trash or leave them in the kitchen. Thanks for your help and let's expand our efforts to move toward zero-waste. Stay tuned! Thank you!

Beth Kunkel



#### FEBRUARY ANNIVERSARIES

Diana & Don Manly	1-Feb
Barbara & Ken Weaver	7-Feb
Martha & Bob Green	13-Feb
Jeffery Ann & Tah-Teh Yang	24-Feb

This new feature of *Tempo* lists the wedding anniversaries of parishioners. If you want your anniversary included, please give the information to Kara Hollandsworth at khollandsworth@holytrinityclemson.org.

# FLOWER LIST



The 2020 flower sign-up book is in the Narthex for people to designate flowers to the memory of, in honor of, and/or in thanksgiving for their loved ones or for a special occasion. Please sign up in the Narthex or contact Kara Hollandsworth in the church office (864) 654-5071, ext 0, or email htchurch@holytrinityclemson.org to sign up.

# FEBRUARY BIRTHDAYS

2/1	Carmen Purkerson	2/9	Lucy Rollin
2/3	Katie Campbell-Smith	2/9	Grayson Tindal
2/3	Anna McKenna	2/11	Drake Bishop
2/4	Donna Davis	2/14	Claiborne Linvill
2/4	Stan Nicholas	2/15	Brandon Evans
2/5	Louise Kaye	2/15	Brandon Evans
2/5	Jacqui Dunn	2/16	Greg Vaughn
2/6	Anna Tollison	2/18	Tina Robbins
2/6	Frances Gorsuch	2/21	Michael Walker
2/7	Ryan McMullan	2/22	Jim Carey
2/8	Joan Egan	2/23	Nell Hacker
2/8	Mary Martof	2/24	Jeffery Ann Yang
2/9	Mellie Warner	2/26	Sylvia Titus
2/9	Eunice Waddington	2/27	Betty Carter
2/9	Davy Hammatt	2/28	Amelia McMullan



February Birth Flower *Iris* 



February Birthstone Amethyst

# **Operating Fund**

# Financial Update as of January 31, 2020

	Monthly Budget	Monthly Actual	<b>Budget YTD</b>	Actual YTD
Income	\$47,862.00	\$35,746.67	\$47,862.00	\$35,746.67
Expenses	\$47,865.00	\$40,818.90	\$47,865.00	\$40,818.90
Income +/-Ex	xpense (\$ 3.00)	(\$5,072.23)	(\$ 3.00)	(\$5,072.23)

# **Trinity Place**

Balance on First Citizens Bank Notes as of January 31, 2020 \$459,550.24